

The Game of Life for the 21st Century Worksheet

Module 11 – Chapter: Power of the Word – Awareness, Your Power of Choice and I Am Energy

You're rebranding your life – creating a new paradigm of living by consciously using your power to manifest higher outcomes in all areas of your life. Set your intention to be consciously aware of the thoughts and words you use. Write about what you discover: *I've learned that these negative words camp out in my head and I used these tools to overcome them:*

Monitor your inner energetic vibration. Fear will sneak in when you're tired. So your first question for yourself should always be, "Am I tired?" Are you recognizing when your energy shifts to less than love and what tools work best to overcome this? *My energy shifts to less than love when:*

This is what I can do to maintain love and above energy: