

# The Game of Life for the 21st Century Worksheet

## Module 13 – Chapter: The Law of Non-Resistance – Non-Resistance & Energy Leaks

Review the 8 ways your Energy Leaks. Which ones are your best friends? It's time to break-up! Read each one and write the corresponding info from the list below, then write how your body reacts and what you can do to stop the energy leak.

*When I read through the first Energy Leak, Resistance Energy, I discovered:*

*When I read Energy Leak #2, Worrying How, I discovered:*

*When I read Energy Leak #3, Not knowing or claiming the energy of my desired outcome, I discovered:*

*When I read Energy Leak #4, Settling for what I think I can have because at some level I don't feel good enough instead of holding out for what I want, I discovered:*

*When I read Energy Leak #5, Being wishy/washy when deciding what I want to create, I discovered:*

*When I read Energy Leak #6, Worrying about what others think, I discovered:*

*When I read Energy Leak #7, Ignoring and/or not trusting my Intuitive Guidance, I discovered:*

*When I read Energy Leak #8, Comparing myself to others, then feeling despair, I discovered:*