Module 19 - Chapter: Love - The Love Vibration, Divine Right, and Manifesting

#### This is Module 19 – The Love Vibration, Divine Right, and Manifesting

When we're born we're limitless possibility. It's our birthright to be, do or have whatever makes our heart sing with joy.

Then as we grow up and get firsthand knowledge of living in a human body here on Mother Earth, we experience the dualities of this planet - wonderful, loving experiences as well as sad, and sometimes horrific painful experiences. And through these experiences, we learn to judge things. We learn to judge what we enjoy and things we don't like.

We're conditioned by our parents, our family, our educational system, religion, and our society how to think and how to BE.

We take in millions of bits of information every day... we see, we feel and we experience what we come into contact with - and the vibration of these experiences that speaks to us the loudest is what we subconsciously focus on. And this focus of energy is what *manifests* our reality into form – even though most of the time, the energy we're focused on is done subconsciously – without conscious thought or consideration.

These experiences – good or awful - write subconscious records or neural pathways of belief in our brains, and subconsciously we pull from this archive every moment as we experience our lives. This is great when the belief is good and aligns with the love that is our essence, but when we have a painful traumatic experience... those experiences write neural pathways of belief, too, and those subconscious records, as Florence calls them, they're not good at all.

These negative subconscious pathways of belief begin as babies – and they teach us that we're not lovable, worthy, or good enough and they are NOT true! But this is why we don't recognize these feelings as the illusion of reality that they are when they happen – because we were children.

As children, we experienced painful situations and events before we had the conscious ability to evaluate and understand the bigger picture - that the painful experience probably had nothing to do with us – it was the people around us and we were collateral damage. And we didn't understand that the experience doesn't prove we're not good enough, undeserving, unworthy, unlovable or OMG... broken. We were so young that our child brain took the pain of an adult experience as fact and wrote the neural pathway of belief because we didn't know what else to do with it. Yet the energy is there – and our belief about our value is scared and sometimes so suppressed and buried that it's a wonder we even function.

Then years later, something triggers the pain of that belief that we're not good enough and with gut wrenching fear, we stop – deer in the headlights – and retreat from moving forward or improving our life – because it just hurts too much.

We don't understand that THIS Revelation is our opportunity to see the beliefs buried in our subconscious and call them out for the lie that they are... and transform them from the vibration of fear to love and change our lives forever.

Unfortunately, when these experiences happen – when the negative neural pathway of belief that isn't true is triggered, we lapse into survival mode – if we weren't already there – and we just keep struggling on our own – usually standing there wondering, what just happened?

This program is designed to teach you how to recognize this painful experience as the golden opportunity that it is and *show you* how to heal it and transform it so you can genuinely improve your life.

When you make the conscious choice to improve your life and you shift into that higher state of love's light, the darkness of the neural pathways of belief that are a lie, are revealed, because darkness cannot hide from the light. And that darkness is those past beliefs of less than love energy crying out to be healed – not to punish you, but to be healed. This revelation is due to the ever-expanding light of your *heart space*.

So, what is your heart space and what does living in the "heart space" mean? Living in the Heart Space is about living in the vibration of love - being true to your essence of love. Speaking from love, touching from love, thinking from love and BE-ing the vibration of love.

Living in the Heart Space is where we all want to be - BE-ing the higher vibration of love energy - expanding our consciousness to hold the energy of love no matter what's going on around us.

I'm not saying we need to be in agreement of everything to be in the vibration of love. We don't have to be in agreement of the choices of countries or governments or your children or your neighbors. We don't have to be in agreement of everything around us to send love, on the contrary, when we're out of agreement is when we need to send love the most – to send love to everything we're out of agreement with!

And being in that energy to send love to everything outside of us, shifts us to the higher vibration of love within us – because you know we can't be in love... or fear... at the same time. And when we shift to love – and we ARE the vibration of love... that's where the magic happens!

When we ask the angels... what my purpose is, they tell us it's to love - to BE-Love. And from that energy of love, we shift from within. We ascend our energy and that of the soils of Mother Earth beneath our feet - plus we touch others with love energy. We expand our conscious awareness to love and align with the vibration of our higher self and our field of potentiality. As a result..., we manifest our version of heaven on earth as our reality.

I'm going to say that again... when we consciously choose to BE the vibration of love energy, expanding our conscious awareness to love and aligning with the vibration of our higher self and our field of potentiality, we manifest our version of heaven on earth as our reality.

We've been setting the foundation to make your normal way of being – your subconscious go to energy - the highest vibration of love possible.

When we consciously choose to BE the highest vibration of love possible, energy starts to move – we can't see it, but it's happening – we can feel it. Then next thing you know we're bumping into miracles every time we turn around and we quickly learn that no matter what's going on around us - no matter where we live or what we have or have not done in our lives, we have the ability to choose to be of a higher vibration of energy - of joy, of happiness, of Love... and that choice changes our life!

From that action step of conscious choice, to be of the higher vibration of love, we align our energy to that of our field of potentiality - where all we dream of already exists - all that's ours by Divine right.

If you can dream of something that brings you joy, then it *IS* a part of your consciousness and is within your potentiality to experience it in physical form.

In the mind, we experience what we call our dreams - our goals and our desires.

These things exist at a higher plane of existence - already made manifest - already have your name on it.

You may ask, "if it's already mine, then why isn't my reality?"

The reason you're not experiencing it as your reality – yet..., is because there's an energy of belief - that's between you and your dream. And now... you know what to do with that energy. You know how to recognize it as *resistance energy* in your body. You know how to follow that energies breadcrumbs to where it was birthed and transform it to love energy. And you know how to give your subconscious mind the power of direction. And if you're unsure about any of this, you also know how you can reach out and get help.

The bottom line with all this information... You know... how to hold the highest vibration of love possible to manifest what you want.

A question I'm often asked is to clarify the universe not distinguishing between what's good for us and what isn't - and what's ours by Divine Right and what isn't.

The difference comes down to energy.

As for the universe: Everything is energy. Our thought processes are waves of energy that focuses our energy and manifests it into form. If the energy of our thoughts is the vibration of worry, we manifest experiences we don't like. If the energy of our thoughts is the vibration of love, we manifest experiences that feel like miracles and we love them.

So, our thought processes are waves of energy that we mold into form.

When we worry about something, we focus our energy on it, and we magnify it with the fear of worry - and we create experiences of the worry vibration – an experience we DO NOT want.

When we establish an energy wave of expectancy and joy surrounding something we want, and focus our energy on the joy of receiving, we send out waves of joy and create experiences of the joy energy – an experience we DO want.

These are examples of the universe matching energy to energy - with no regard to whether it's good for us or not. The universe has no conscious opinion - it simply matches energy to energy.

We create through us - through our energy the experience of our reality.

If I worry about a cold - focusing on how uncomfortable a cold is and how much I *don't* want it - my body is in the lower than love vibration of worry and the germ magnetizes to me – because I'm holding fear.

If I were to focus on how much I love feeling good - laughing and being happy - the germ can't stick to that higher vibrating energy – I'm holding LOVE.

This analogy works for everything.

What's ours by Divine right is also about energy. If we want something for the pure joy it will bring us to have it, then it's ours by Divine right. If we want something because someone else has it and we're in a vibration of jealousy, then we really need to look at the energy behind the want. I talked about *want energy* in Module #18.

And... We also need to grasp just how powerful our energy is... because when we focus our energy on something, we can create it whether it's ours by Divine right or not. Again, if you want something, but you're concerned about whether what you want really is yours by Divine right, include in your order or demand of the universe – *this or something better!* 

So, these seven steps pull it all together.

- 1. Accept what your life is in this moment no judgment, no beating yourself up just accept. Then on the heels of that acceptance, accept that you have the power to create a higher outcome.
- 2. Dream BIG about what you want to be, do or have.
- 3. Consciously *DECIDE* what it is you want. Decide what brings your heart joy whatever it is.
- 4. Embrace the excited energy of how awesome it would be to receive what you want.
- 5. Demand or command if you don't like the word demand, use command and command what you want to be yours. I suggest writing down what you want on the order form in the Bonus section, and include *this or something better, under grace, by divine right, in a miraculous way, thank you, thank you, thank you –* and be sure to sign it. Adding the thank you, thank you, tells your brain you've already received it.

- 6. Detach from the *how* you're going to get what you want with this command: *I don't know how I* \_\_\_\_\_, *all I know is that I receive what I want, and I'm fulfilled.*
- 7. Ask the universe or your angelic team to *show you* any action steps you're to take to manifest what you want be open to the lead, as Florence calls them, and do whatever you're guided to do. Your job may just be to hold the energy of receipt without doubt or despair that you haven't received it yet.

Then open your arms wide to receive.

When you use: "this or something better by Divine right, under grace in a miraculous way" you not only open the way for your highest good to reach you, but you also take an action step to get out of the human worry of "how" you're going to receive something.

You'll feel the energy shift – and if you don't..., you'll feel *resistance energy* in your body – which is your RED FLAG that there's energy in the way of manifesting what you want. And now you know what to do with that – follow the breadcrumbs of it to where it was birthed and transform it to love.

PLUS, you'll want to Be Sure to incorporate giving your Subconscious Direction using the 5 *Step Energy Transformation* process from Module #16 to maintain your energy to manifest what you want. When you maintain that excited energy of receipt - what you want manifesting as your reality becomes --- Inevitable.

Just to be clear... in today's world, its challenging to maintain love energy – experiences that aggravate us, tend to want to camp out in our brains – and we let them – taking our energy level down. It's up to you to take the action steps to evict those negative thoughts and thought patterns.

And remember... your focus energy is on how awesome it is to have RECEIVED what you want!

Some things you want will manifest almost immediately, while other things will take time. The key is addressing any resistant fear energy that comes up, process through it and transform it to love energy.

For example, if you want to a new car, decide what you want, demand or command receiving it and embrace the energy of what it would FEEL like to have it, place your order, use affirmations, too -- then address any fear that comes up. Fear may be in the form of that negative voice in your head saying, "how are you going to get a new car - you know you can't afford it!"

Address that energy immediately and shift it back to what it FEELS like to have the car and use your affirmation that includes - *this or something better by Divine right, under grace in a miraculous way.* Allow the universe to deliver - you may not need money. Someone may have a car they need to get rid of that's perfect for you - the car is the answer to your prayers and you taking the car is the answer to the other person's prayers.

Affirmations are excellent tools to reveal resistance energy. When an affirmation is written properly and powerfully focuses your manifesting energy, you'll be inspired to dance around the room with excitement. If it doesn't... and instead, you feel resistance in your body – it's your red flag that there's a neural pathway of belief hanging out in your subconscious that must be addressed.

One other thing about affirmations... Dr. Anne Marie Evers - the Affirmation Doctor, suggests including "for the highest good of all" to our affirmations to make them the most powerful. We talked about her teachings in Module #9 and #12.

In the last module, we talked about your *want energy*. Today I want to quickly talk about Money Energy. Like everything else, money is just a form of energy. It's we humans who hold it in negative or positive vibration. So how do you shift out of fear around money?

I've mentioned this before... the bottom line is we want what money will buy for us - food, our home, our transportation, vacation, electricity, clothing, furnishings - we want what money will buy. *We also want*... *freedom - freedom from want*.

Want laced with fear is a choice.

We can choose to want things from the energy of the joy they will give us, or we can want things from the fear energy of not having what we want. The choice is up to us.

I know, it's not easy to let go of fear energy when we want money for rent when we don't have it. But when you shift that focus to the joy and the *relief* you'll feel at paying your rent or mortgage, your energy shifts and the way is opened for the rent or mortgage to be paid.

Take that shift farther to gratitude – gratitude of having paid your rent or mortgage. The moment we shift our energy to gratitude and love, opportunities are revealed to us that our fear would have blocked us from seeing.

#### The power of gratitude opens avenues for money to find us!

So, from that place of loving gratitude, open your arms wide to receive - all that's yours by Divine right, under grace, in a miraculous way - for the highest good of all, thank you, thank you, thank you!

This completes Module 19. Now go to the worksheet.