

# The Game of Life for the 21st Century Worksheet

## Module 24 – Denials and Affirmations – Your Power

You've completed The Game of Life for the 21<sup>st</sup> Century. With everything you've learned in mind, take the next few minutes to dream and *vision* big – really BIG about your improved life. BREATHE DEEPLY into the vision and write what brings your heart the greatest joy. When you complete writing of this happiness - sit quietly and fast-forward six months from today. Allow your body to experience all the exciting, fulfilling energies of the improvements you were able to make as you envisioned these new 6 months. Then write down “what happened” during the 6 months from today.

*Today's date:* \_\_\_\_\_

*These are the visions I hold for my life (you'll probably need more room to write):*

*Date six months from today:* \_\_\_\_\_

*The past six months have been very exciting! This is what happened (you'll probably need more room to write):*