







## My Square of Life fulfilled Upon Waking Journal Page

I consciously choose to BE Love Energy. I infuse my day & my life with LOVE. I attract like a magnet, experiences of Love Energy.

Infinite Spirit, open the way and "show me" the action steps to manifest

I consciously direct my Subconscious Power to manifest this or better. I feel the energy of manifestation complete!

Dearest Angels, please...

It is SAFE to BE ME. I Breathe Deeply today! \_\_\_\_\_ I will remember to use my Chaos Flush energy system if I need it!

Sign\_\_\_\_\_Date\_\_\_\_

## Before Sleep Journal Page

THREE things I'm grateful for today:

I took deep breaths today <u>Yes</u> No

I commit to breathing deeply tomorrow.

Today when I implemented my power, I used these support tools, took these action steps, and my results were:

Infinite Spirit, in deepest gratitude I thank you for

I didn't know how I would do this ...but I did it anyway! I manifested this & better! \_\_\_\_\_ My Worry Angel is employed!

Sign\_\_\_\_\_Date\_\_\_\_













