

The Game of Life

Guided Empowerment Journal

Kate Large

Waiting in the Other Room Productions

The Game of Life Guided Empowerment Journal
www.KateLarge.com
www.ManifestWithFlorence.com

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Drawings of Ima Miracle Magnet by Kate Large

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It is man's divine right to have plenty! More than enough!
~ Florence Scovel Shinn

No matter what you have or have not done in your life, you ARE worthy, deserving, and good enough to be, do and have all that makes your heart sing with joy. You have the power within you to improve your life and live your version of Heaven on Earth – it's your divine birthright!

~ Kate Large, Leading Authority on the teachings of Florence Scovel Shinn

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Intro to The Game of Life Guided Empowerment Journal

HELLO -- and welcome to the empowering teachings of Florence Scovel Shinn and the guided journal pages found within!

Before we begin, let's get one thing clear. *I KNOW you have the power within you to improve your life and manifest what you want – no matter what it looks like in this moment.* I know this without any doubt, just like Florence did a hundred years ago when she supported her students in person.

If you're new to Florence's teachings, you'll discover that they're simple, and when her words resonate with you, you feel the empowerment of her energy. If you're already a student of hers, you'll be happy to learn that every time you read the words she wrote so long ago, they speak to you in a different, supportive way. Sometimes it feels as though new words have been added to the book since you last read it! This occurs because every time you read her books, you're at a different vibrational level – so the words speak to you in a different way.

Another aspect of Florence's teachings is the magical two-page spread: when you're upset about something and open one of Florence's books, no matter where you open it, something on one of the two pages will speak to you and support you to overcome what you're upset about. Years ago, I purchased Florence's complete works for a friend and randomly stuck several bookmarks into the book. He asked me, how did I know where to put the bookmarks? He had read those pages first and each placeholder section spoke to something that was going on in his life!

Florence self-published the original *Game of Life and How to Play It* in 1925 because no publisher would touch it – she was a little *before her time*. Her teachings are a hundred years old, but they are timeless. Even though her physical body has passed, it's as though she's right here, supporting you to take your power back and create a higher outcome in all areas and aspects of your life.

She held the safe space for her students to align their energy with the Divinity within, opening the way to create and live their fulfilled square of life – health, wealth, love and perfect self-expression – no matter what was going on around them. During her teaching time span, the world was in turmoil due to World War I, World War II and the Great Depression. Now ... today ... a hundred years later ... the grace of her love for her students continues to live on in her printed word, supporting her readers in today's world to improve their lives.

May her teachings support you to overcome the challenges you face by taking your power back and controlling the flow of your manifesting energy through the vibration of LOVE energy, improving all areas of your life.

New Chapter Arrangement -- If you already have *The Game of Life and How to Play It*, you'll discover the chapters in this book are not in the same order as the original book. Florence's books are written from lectures and experiences. I've taken these chapters of *The Game of Life* and

rearranged them to build off each chapter. Structured with this new sequence, each chapter builds on the preceding chapter, laying a new foundation that supports you to improve your life.

The guided layout sequence of the empowerment journal:

- a chapter of *The Game of Life*
- guided journal sections that begin with insight to dive deeper into your experience with the chapter content – *don't skip this*
- note pages for your additional thoughts or your book club meeting
- journaling pages for 7 days (created on the premise that your book club meets weekly) – *don't skip this*
- Weekly Gameboard check-in that holds you accountable to being aware of your manifesting energy throughout your week – *don't skip this*
- Commitment Gameboard to anchor your empowered intentions/energy for the coming week – *don't skip this either* --- each section has a purpose and is necessary to get the very most out of your experience.

Within these pages, you'll find the original *Game of Life and How to Play It* chapters in their new order, as well as guided journaling pages at the end of each chapter.

The journaling pages are designed to support you to dive deeper into Florence's teachings and implement them to not only improve all aspects of your life but make your life easier and happier. However, *it is necessary for you to follow through with implementation.*

There *IS an empowered magic* that happens when you read or listen to audio of Florence's books. However, when you dive deeper into her teachings and actively implement them into your life on a Daily-Basis, *LIFE takes on a magical quality* of not just empowerment, but manifesting mastery.

As you read through each chapter: highlight, underline, make notes in the margins, use sticky notes to find passages you want to keep track of. Make the book *YOURS*.

When you come to the journal pages, you'll see that they're guided. Do – NOT skip the journaling pages. Handwriting your thoughts onto these pages will support you to take control of the manifesting energy within you. Each section of the journaling pages has a specific purpose. When you fully engage with these journaling sections, you'll gain clarity of thought and open the way for Divine guidance to make it through your mind chatter to speak to your heart.

The guidance found on the journaling pages is simple to follow and can support you to take back and use your power on your own, but when you experience it as a group, the way is opened to dive even deeper into Florence's teachings. That's why this book is structured to support you individually as well as a book club aid. A book club isn't necessary, but when you come together with like-minded people, the loving support and accountability are priceless – even if that coming together is with just one other person.

Writing your thoughts/experiences out by hand moves energy and is tremendously empowering. You'll naturally become more aware of your internal energy throughout your day, ultimately creating a new foundation for your life. As a result, your internal energy holds a greater LOVE vibration and your external life will reflect that LOVE vibration with experiences that bring you joy, fulfilling your square of life.

The Game of Life Guided Empowerment Journal includes ten weeks of journaling pages. When you're ready to take the journaling aspect of your empowerment to a greater level of mastery, go to katelarge.com and check the Events Calendar for the next Empowerment Journaling Workshop. The Empowerment Journal and one day workshop takes your journaling experience to a new level of mastery that is unprecedented. The Empowerment Journal includes journaling pages for three months.

Freebie Bonuses - Because you purchased this journal, you have access to the free bonus life hacks and meditations I've included to make your life easier. If you struggle meditating, do NOT worry – I've included a simple technique I learned from Deepak Chopra and share with permission of the Chopra Center. To get the Bonuses, please go to www.katelarge.com/fssbook

Archive of Support Tools - I've also created an Archive of Support Tools that includes deeper insight to Florence's teachings as well as meditations that will support you tremendously to be aware of your energy as you read the chapters and fill in the journaling pages. I've also included audio of the chapters. You may download this archive to all your devices for a *small fee* – go to www.katelarge.com/fssbook.

How to Get the MOST Out of the Guided Journal Sections

Each segment of the Guided Journal section has a specific purpose. Immediately after each chapter is complete, you'll find questions designed to take you deeper into Florence's teachings. If you're in a book club, the questions are perfect for discussions. Contemplate the questions and write about your thoughts and experience in the space provided.

The NOTES section is an excellent place to document your book club discussions.

The **Daily Journal** pages are extremely empowering and life-changing when you use them – NOTE – *when – you – use - them*. You can complete each journal page in as little as five minutes if you're short on time, but I encourage you to make the time to fully immerse yourself into the experience. Follow through by diving deep into your awareness as you fill in each segment. The more *focused* you are on what you're writing, the more quickly you'll begin to experience energetic shifts within you and outside of you as your life experiences. As you feel these updates in your energetic flow to a higher vibration of LOVE energy, you'll begin to experience that same LOVE energy in your daily life

experiences. You'll be more empowered within, and that empowerment will be reflected in your external reality.

Upon Waking - Begin the Upon Waking journal page by dating it, then re-write each segment guide in the space provided. Some of the guided segments are stand-alone statements that anchor your energy by writing, while others open the way to expand and make conscious decisions about your internal energy as you continue to write. Each segment addresses your internal energy and opens the way for a higher outcome to be achieved. You'll notice at the bottom of each page there is a place to "sign" the document. When you sign your journal pages, you create a contract with yourself and the universe – firmly setting your intention to follow through with BE-ing and sustaining the LOVE vibration. As a result, you create and live a higher outcome in all areas of your life.

The first segment, *I accept "what my life is in this moment" ...* stops the internal battle between your 3 levels of consciousness: superconscious, conscious and subconscious – and supports you to unwrap the energy of survival mode. This acceptance does NOT mean you're in agreement – it's simply acceptance of what IS – freeing you of that uncomfortable "I don't like this" energy so you can create and live something better.

The second segment, writing *I accept and use my power to ...* then filling in what you want to use your power to do, opens the way for you to anchor acceptance of the power within you – and consciously choose what you want to be, do and/or have. Deciding and writing your intention powerfully engages you with the energy/power within you.

The third segment, *I consciously choose to BE Love Energy today ...* leads you to choose how you want to feel. The Law of Attraction is all about manifesting your life experiences through the dominant energy you're feeling in your body. When you don't consciously choose your energy, your vibration defaults to the dominant energy of your subconscious – and that energy could be how angry you were yesterday. Until you heal and shift the dominant energy of your subconscious to LOVE or above energy, it will be a level of fear - for example: feelings of anger, worry, despair, resentment, guilt, shame, etc.

The fourth segment, *In deepest gratitude I infuse/bleed all aspects of my day and life with LOVE energy. I am a magnet for LOVE energy experiences ...* when you hand write this into your journal and follow through with *feeling* the energy shift within you, you trigger the *emotional feeling* of gratitude – opening the way for Gratitude to be your *State of BE-ing*. Remember gratitude is the ultimate state of receivership! When you infuse/bleed your day and life with LOVE energy, you anchor LOVE energy as the foundation of your day/life. *THIS internal experience* is CHANGE. When you change from the inside, your external life reflects your inner vibration of energy. When you're vibrating in

LOVE energy, LOVE energy manifests as your life experience. The statement of “I am” is powerful. Handwriting, *I am a magnet for LOVE energy experiences* solidly anchors that energy to BE - Your – Life - Experience.

The fifth segment, *I commit to breathing deeply ...* the expression of commitment anchors your intention in the universe and serves to remind you to *Breathe Deeply*. Oxygen feeds, nourishes and supports healing your body. Plus, filling your body with oxygen supports sustaining harmony between your brain and heart improving clarity of thought and your connection with the Divinity within.

Last segment, *sign and date ...* signing the document creates a contract within your three levels of consciousness to follow through on what you’ve written about.

Before Sleep – The first segment of the Before Sleep journal page begins with acknowledging and moving you into the vibration of gratitude by asking you to write about: *Three things I’m grateful for today ...* when you write about what you’re grateful for, you shift your energy to the higher vibration of gratitude/LOVE. Remember, gratitude is the ultimate state of receivership. That *feeling/emotion* of gratitude floods your body with a beautiful sense of well-being – opening the way to fall asleep in that beautiful vibration of LOVE/gratitude.

The second segment, *Today I did or did not use my power in this way: ...* prompts you to explore your thought process and behavior. This segment provides a space for you to write about how you reacted to outside stimulants during the day. Did you maintain your cool, or did you lose it? And ... it’s a time to reflect on how you used your power. When you got upset did you immediately embrace your power through LOVE and improve the experience? Or did you succumb to anxiety/worry, and you were upset the rest of the day? What was the experience you overcame? How did you create a higher outcome? If you did use your power, then celebrate in the next segment.

The third segment, *I took control of my power by: ...* Write about the action-steps you took, the support tools you used and celebrate using your power. If you discover you didn’t use your power – that you went down a rabbit hole of anxiety in some way, it’s not too late to improve the energetic vibration of the experience that upset you. You now have the opportunity to step back as an observer and infuse/bleed situations, people and yourself with LOVE energy. When you infuse situations/people with LOVE energy, two things happen.

1. You shift your energy out of anxiety, anger, resentment, worry (fear energy) to the higher vibration of LOVE energy – opening the way for clarity of thought and solutions to problems and challenges.

2. The LOVE vibration opens the way for a higher outcome to manifest.

Florence teaches us to *bless* an upcoming situation/event/people to improve the outcome and to bless past experiences and people involved to heal the pain/uncomfortable energy of an experience *and open the way for a higher outcome – AFTER the fact*. In my classes, I teach you to take that blessing a step farther by infusing all with LOVE of the highest order – not physical love, but LOVE that is *your essence – that connection with the divinity within*. If you do NOT feel the relief of healing the experience – if you don't feel *lighter and freer*, you did not achieve the LOVE energy. That's ok – continue to bless/infuse love until you *feel that shift of energy*. If you want to learn more about this, go to www.katelarge.com/fssbook to get my Archive of Support Tools that includes guided meditations and teachings.

The fourth segment, *I commit to breathing deeply tomorrow ...* Writing this down anchors your commitment to yourself to take those deep breaths tomorrow. Writing it before you go to sleep settles that intention in your mind to support you to follow through the next day.

Last segment, *sign and date ...* signing this document creates your contract within yourself to improve your internal energy and thought processes.

Weekly Progress Gameboard – The Weekly Progress Gameboard supports you to acknowledge your growth and guides you to be accountable as to how you did or did not use your power. If you did NOT use your power, do NOT judge – simply acknowledge and bless/infuse LOVE into the situation where you did not use your power – see the third segment of the Before Sleep journal page. In the first section, explore what your biggest “Aha!” moment was for the week. Then reflect and write about how you used your power. Again, if you discover you did NOT use your power, it's not too late. You can use it now to infuse people and situations with LOVE energy with the intention of creating a higher outcome.

Defining your “Aha!” moments support you to become more *aware* of your energy, your thoughts and your behaviors. While acknowledging how you used your power, supports your awareness to USE your power during *the moment* the next time an uncomfortable ‘moment’ happens.

Signing the document solidifies what you've learned about yourself, expands your awareness and creates your contract with yourself and the universe to continue becoming more and more aware of your energy to achieve internal empowerment.

Commitment Gameboard – The Commitment Gameboard supports you to define, set and firmly anchor your intentions, while also stimulating your awareness. What could you commit to that would

support you to improve your life? Showing up for yourself? Sustaining LOVE energy? Actively stopping the flow of negative thought patterns? BE-ing more aware of your energetic flow? When you sign the document, you create the contract within yourself and the universe to fulfill your commitments.

About Kate -- Before we go any further, you may be wondering who I am and why this guided journal will support you. I'm Kate Large, the Leading Authority on the teachings of Florence Scovel Shinn. I've been implementing Florence's teachings into my life for over thirty years and bringing them into the 21st century for students and clients for over twenty-five. During this time, I've supported thousands to improve their lives.



This is me and my assistant, Ima Miracle Magnet (stickman). I use Ima's images on the journal pages. I also use him in my classes to 'show' you through illustrations how energy really works and how to move it to create a higher outcome.

I'm a three-time Amazon best-selling author, including *The Game of Life Workbook* and the *Game of Life Manifesting Playbook*. I'm the founder of The Game of Life Mastery Program and The Manifesting with Florence ...the Inner Circle Membership. I teach masterclasses based on Florence's books and I hold powerful masterminds based on The Game of Life and the Secret Door to Success. I am the creator of The Game of Life for the 21st Century. My recordings of *The Game of Life*, *The*

Secret Door to Success and *The Power of the Spoken Word* are available as audio and video through my classes, private free Facebook group and my YouTube channel.

Florence's teachings are simple and magical. When you actively implement them every day, your life WILL change. Daily implementation is key. *Remember ... nothing changes ... till something changes – and you have the power within you to BE the change you want to experience no matter what's going on in your life or around you in your environment.*

If you have questions about the journal, please go to www.katelarge.com/fssbook and use the form to contact me. I will respond as quickly as possible.

In case you're wondering about the cover ... I took the photo of the angel in the clouds while walking my first poodle, Majik Payden. I also use it as the cover of the stand-alone *Game of Life and How To Play It* paperback that I print.

The angel in the clouds is a representation of limitless possibility – an icon of the limitless strength and stamina within you to create and live your happiest, most fulfilled square of life.

Get your sticky notes, colored pens, highlighters and buckle up, you're in for an exciting journey of self-discovery and empowerment.

I hold the vision that Florence's teachings and the support of this journal open the way for you to embrace and use your power to create and live your fulfilled square of life – your version of heaven on earth.

May you be profoundly blessed in this moment, and every moment after.

Blessings, love and light,

Love, Kate

PS – Before you get started, be sure to fill in the Commitment to Myself Gameboard on the next page. What commitments will support you the most? *Committing to showing up for yourself each day - being aware of your energy - writing in your journaling pages? Make the commitments that empower you each week.

Commitment to Myself Gameboard

I make these commitments to myself



Be Sure To ~~~~~

Sign & Date

The Game

Most people consider life a battle, but it is not a battle, it is a game.

It is a game, however, which cannot be played successfully without the knowledge of spiritual law, and the Old and the New Testaments give the rules of the game with wonderful clearness. Jesus Christ taught that it was a great game of *Giving and Receiving*.

"Whatsoever a man soweth that shall he also reap." This means that whatever man sends out in word or deed, will return to him; what he gives, he will receive.

If he gives hate, he will receive hate; if he gives love, he will receive love; if he gives criticism, he will receive criticism; if he lies he will be lied to; if he cheats he will be cheated. We are taught also, that the imaging faculty plays a leading part in the game of life.

"Keep thy heart (or imagination) with all diligence, for out of it are the issues of life." (Prov. 4:23.)

This means that what man images, sooner or later externalizes in his affairs, I know of a man who feared a certain disease. It was a very rare disease and difficult to get, but he pictured it continually and read about it until it manifested in his body, and he died, the victim of distorted imagination.

So we see, to play successfully the game of life, we must train the imaging faculty. A person with an imaging faculty trained to image only good, brings into his life "every righteous desire of his heart" - health, wealth, love, friends, perfect self-expression, his highest ideals.

The imagination has been called, "The Scissors of The Mind," and it is ever cutting, cutting, day by day, the pictures man sees there, and sooner or later he meets his own creations in his outer world. To train the imagination successfully, man must understand the workings of his mind. The Greeks said: "Know Thyself."

There are three departments of the mind, the *subconscious*, *conscious* and *superconscious*. The subconscious is simply power, without direction. It is like steam or electricity, and it does what it is directed to do; it has no power of induction.

Whatever man feels deeply or images clearly, is impressed up-on the subconscious mind, and carried out in minutest detail.

For example: a woman I know, when a child, always "made believe" she was a widow. She "dressed up" in black clothes and wore a long black veil, and people thought she was very clever and amusing. She grew up and married a man with whom she was deeply in love. In a short time he died and she wore black and a sweeping veil for many years. The picture of herself as a widow was impressed upon the subconscious mind, and in due time worked itself out, regardless of the havoc created.

The conscious mind has been called mortal or carnal mind.

It is the human mind and sees life as it *appears to be*. It sees death, disaster, sickness, poverty and limitation of every kind, and it impresses the subconscious.

The superconscious mind is the God Mind within each man and is the realm of perfect ideas.

In it, is the "perfect pattern" spoken of by Plato, *The Divine Design*; for there is a Divine Design for each person.

"There is a place that you are to fill and no one else can fill, something you are to do, which no one else can do."

There is a perfect picture of this in the superconscious mind. It usually flashes across the conscious as an unattainable ideal - "something too good to be true."

In reality it is man's true destiny (or destination) flashed to him from the Infinite Intelligence which is *within himself*.

Many people, however, are in ignorance of their true destinies and are striving for things and situations which do not belong to them and would only bring failure and dissatisfaction if attained.

For example: A woman came to me and asked me to "speak the word" that she would marry a certain man with whom she was very much in love. (She called him A. B.)

I replied that this would be a violation of spiritual law, but that I would speak the word for the right man, the "divine selection," the man who belonged to her by divine right.

I added, "If A. B. is the right man, you can't lose him, and if he isn't, you will receive his equivalent." She saw A. B. frequently but no headway was made in their friendship. One evening she called, and said, "Do you know, for the last week, A. B. hasn't seemed so wonderful to me." I replied, "Maybe he is not the divine selection - another man may be the right one." Soon after that, she met another man who fell in love with her at once, and who said she was his ideal. In fact, he said all the things that she had always wished A. B. would say to her.

She remarked, "It was quite uncanny."

She soon returned his love, and lost all interest in A. B.

This shows the law of substitution. A right idea was substituted for a wrong one, therefore there was no loss or sacrifice involved.

Jesus Christ said, "Seek ye first the kingdom of God and his righteousness; and all these things shall be added unto you," and he said the Kingdom was *within man*.

The Kingdom is the realm of *right ideas*, or the divine pattern.

Jesus Christ taught that man's words played a leading part in the game of life. "By your words ye are justified and by your words ye are condemned."

Many people have brought disaster into their lives through idle words.

For example: A woman once asked me why her life was now one of poverty of limitation. Formerly she had a home, was surrounded by beautiful things and had often tired of the management of her home, and had said repeatedly, "I'm sick and tired of things - I wish I lived in a trunk," and she added: "Today I am living in that trunk." She had spoken herself into a trunk. The subconscious mind has no sense of humor and people often joke themselves into unhappy experiences.

For example: A woman who had a great deal of money, joked continually about "getting ready for the poorhouse."

In a few years she was almost destitute, having impressed the subconscious mind with a picture of lack and limitation.

Fortunately, the law works both ways, and a situation of lack may be changed to one of plenty.

For example: A woman came to me one hot summer's day for a "treatment" for prosperity. She was worn out, dejected and discouraged. She said she possessed just eight dollars in the world. I said, "Good, we'll bless the eight dollars and multiply them as Jesus Christ multiplied the loaves and fishes," for He taught that every man had the power to bless and to multiply, to heal and to prosper.

She said, "What shall I do next?"

I replied, "Follow intuition. Have you a 'hunch' to do anything, or to go anywhere?" Intuition means, intuition, or to be taught from within. It is man's unerring guide, and I will deal more fully with its laws in a following chapter.

The woman replied: "I don't know - I seem to have a 'hunch' to go home; I've just enough money for carfare." Her home was in a distant city and was one of lack and limitation, and the reasoning mind (or intellect) would have said: "Stay in New York and get work and make some money." I replied, "Then go home - never violate a hunch." I spoke the following words for her: *Infinite Spirit open the way for great abundance for --. She is an irresistible magnet for all that belongs to her by divine right.* I told her to repeat it continually also. She left for home immediately. In calling on a woman one day, she linked up with an old friend of her family.

Through this friend, she received thousands of dollars in a most miraculous way. She has said to me often, "Tell people about the woman who came to you with eight dollars and a hunch."

There is always plenty on *man's pathway*; but it can only be *brought into manifestation* through desire, faith or the spoken word. Jesus Christ brought out clearly that man must make the first *move*.

"Ask, and it shall be given you, seek, and ye shall find, knock, and it shall be opened unto you." (Mat. 7:7).

In the scriptures we read:

"Concerning the works of my hands, command ye me."

Infinite Intelligence, God, is ever ready to carry out man's smallest or greatest demands.

Every desire, uttered or unexpressed, is a demand. We are often startled by having a wish suddenly fulfilled.

For example: One Easter, having seen many beautiful rose trees in the florists' windows, I wished I would receive one, and for an instant saw it mentally being carried in the door.

Easter came, and with it a beautiful rose-tree. I thanked my friend the following day and told her it was just what I had wanted.

She replied, "I didn't send you a rose-tree, I sent you lilies!"

The man had mixed the order and sent me a rose-tree simply because I had started the law in action, and *I had to have a rose-tree*.

Nothing stands between man and his highest ideals and every desire of his heart, but doubt and fear. When man can "wish without worrying," every desire will be instantly fulfilled.

I will explain more fully in a following chapter the scientific reason for this and fear must be erased from the consciousness. It is man's only enemy - fear of lack, fear of failure, fear of sickness, fear of loss and a feeling *of insecurity on some plane*. Jesus Christ said: "Why are ye fearful, oh ye of little faith?" (Mat. 8:26) So we can see we must substitute faith for fear, for fear is only inverted faith; it is faith in evil instead of good.

The object of the game of life is to see clearly one's good and to obliterate all mental pictures of evil. This must be done by impressing the subconscious mind with a realization of good. A very brilliant man, who has attained great success, told me he had suddenly erased all fear from his consciousness by reading a sign which hung in a room. He saw printed, in large letters, this statement - "*Why worry, it will probably never happen.*" These words were stamped indelibly upon his subconscious mind, and he has now a firm conviction that only good can come into his life, therefore only *good can manifest*.

In the following chapter I will deal with the different methods of impressing the subconscious mind. It is man's faithful servant but one must be careful to give it the right orders. Man has ever a silent listener at his side - his subconscious mind.

Every thought, every word is impressed upon it and carried out in amazing detail. It is like a singer making a record on the sensitive disc of the phonographic plate. Every note and tone of the singer's voice is registered. If he coughs or hesitates, it is registered also. So let us break all the old bad records in the subconscious mind, the records of our lives which we do not wish to keep and make new and beautiful ones.

Speak these words aloud, with power and conviction: "I now smash and demolish (by my spoken word) every untrue record in my subconscious mind. They shall return to the dust-heap of their native nothingness, for they came from my own vain imaginings. I now make my perfect records through the Christ within - The records of *Health, Wealth, Love and perfect self-Expression.*" This is the square of life, *The Game completed*.

In the following chapters, I will show how man can *change his conditions by changing his words*. Any man who does not know the power of the word, is behind the times.

Guided Journal Section 1

What did Florence share in this chapter that made you feel empowered?

What passage spoke to you and triggered an "Aha" moment?

What did you learn about yourself from this chapter?

What can you take from this chapter that will support you to improve your life?

What would you like to know more about - dive deeper into?

NOTES

NOTES

NOTES

NOTES



Upon Waking: Date _____
I accept "what my life is in this moment."

I accept and use my power to

I consciously choose to BE Love Energy today.

In deepest gratitude I infuse/bless all aspects of my day and life with LOVE energy. I am a magnet for LOVE energy experiences

I commit to breathing deeply today.

Sign _____ Date _____

Before Sleeping:

Three things I'm grateful for today:

Today I did or did not use my power in this way:

I took control of my power by:

I commit to breathing deeply tomorrow.

Sign _____ Date _____



Upon Waking: Date _____
I accept “what my life is in this moment.”

I accept and use my power to

I'm a Miracle Magnet! ©

I consciously choose to BE Love Energy today.

In deepest gratitude I infuse/bless all aspects of my day and life with LOVE energy. I am a magnet for LOVE energy experiences

I commit to breathing deeply today.

Sign _____ Date _____

Before Sleeping:

Three things I'm grateful for today:

Today I did or did not use my power in this way:

I took control of my power by:

I commit to breathing deeply tomorrow.

Sign _____ Date _____

God makes a way
when there is no way



Upon Waking: Date _____
I accept "what my life is in this moment."

I accept and use my power to

I consciously choose to BE Love Energy today.

In deepest gratitude I infuse/bless all aspects of my day and life with LOVE energy. I am a magnet for LOVE energy experiences

I commit to breathing deeply today.

Sign _____ Date _____

Before Sleeping:

Three things I'm grateful for today:

Today I did or did not use my power in this way:

I took control of my power by:

I commit to breathing deeply tomorrow.

Sign _____ Date _____



Upon Waking: Date _____
I accept "what my life is in this moment."

I accept and use my power to

I consciously choose to BE Love Energy today.

In deepest gratitude I infuse/bless all aspects of my day and life with LOVE energy. I am a magnet for LOVE energy experiences

I commit to breathing deeply today.

Sign _____ Date _____

Before Sleeping:

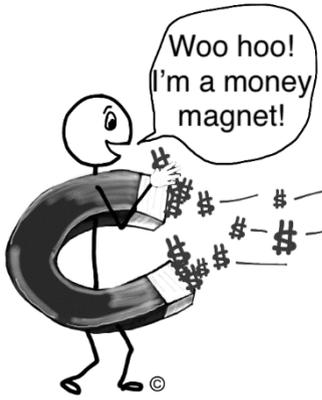
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My Square of Life fulfilled

Upon Waking: Date _____

I accept "what my life is in this moment."



Health



Wealth*

I accept and use my power to



Perfect
Self-Expression



Love ©

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I. AM.
Powerful.



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Weekly Progress Gameboard



Week _____

This was my biggest "Aha!" moment this week:



This is how I used my power this week:



Sign & Date _____

Commitment to Myself Gameboard

I make these commitments to myself



Be Sure To ~~~~~

Sign & Date

Love

Every man on this planet is taking his initiation in love. "A new commandment I give unto you, that ye love one another." Ouspensky states, in "Tertium Organum," that "love is a cosmic phenomenon," and opens to man the fourth dimensional world, "The World of the Wondrous."

Real love is selfless and free from fear. It pours itself out upon the object of its affection, without demanding any return. Its joy is in the joy of giving. Love is God in manifestation, and the strongest magnetic force in the universe. Pure, unselfish love *draws to itself its own*; it does not need to seek or demand. Scarcely anyone has the faintest conception of real love. Man is selfish, tyrannical or fearful in his affections, thereby losing the thing he loves. Jealousy is the worst enemy of love, for the imagination runs riot, seeing the loved one attracted to another, and invariably these fears objectify if they are not neutralized.

For example: A woman came to me in deep distress. The man she loved had left her for other women, and said he never intended to marry her. She was torn with jealousy and resentment and said she hoped he would suffer as he had made her suffer; and added, "How could he leave me when I loved him so much?"

I replied, "You are not loving that man, you are hating him," and added, "*You can never receive what you have never given. Give a perfect love and you will receive a perfect love.* Perfect yourself on this man. Give him a perfect, unselfish love, demanding nothing in return, do not criticize or condemn, and *bless him wherever he is.*"

She replied, "No, I won't bless him unless I know where he is!" she said.

"Well," I said, "that is not real love."

"When you *send out real love*, real love will return to you, either from this man or his equivalent, for if this man is not the divine selection, you will not want him. As you are one with God, you are one with the love which belongs to you by divine right."

Several months passed, and matters remained about the same, but she was working conscientiously with herself.

I said, "When you are no longer disturbed by his cruelty, he will cease to be cruel, as you are attracting it through your own emotions."

Then I told her of a brotherhood in India, who never said, "Good Morning" to each other. They used these words: "*I salute the Divinity in you.*" They saluted the divinity in every man, and in the wild animals in the jungle, and they were never harmed, for they *saw only God in every* living thing. I said, "Salute the divinity in this man, and say, 'I see your divine self only. I see you as God sees you, perfect, made in His image and likeness.'"

She found she was becoming more poised, and gradually losing her resentment. He was a Captain, and she always called him "The Cap."

One day, she said, suddenly, "*God bless the Cap wherever he is.*"

I replied: "Now that is real love, and when you have become a 'complete circle,' and are no longer disturbed by the situation, you will have his love, or attract its equivalent."

I was moving at this time, and did not have a telephone, so was out of touch with her for a few weeks, when one morning I received a letter saying, "We are married."

At the earliest opportunity, I paid her a call. My first words were, "What happened?"

"Oh," she exclaimed, "a miracle! One day I woke up and all suffering had ceased. I saw him that evening and he asked me to marry him. We were married in about a week, and I have never seen a more devoted man."

There is an old saying: "*No man is your enemy, no man is your friend, every man is your teacher.*"

So, one should become impersonal and learn what each man has to teach him, and soon he would learn his lessons and be free.

The woman's lover was teaching her selfless love, which every man, sooner or later, must learn.

Suffering is not necessary for man's development; it is the result of violation of spiritual law, but few people seem able to rouse themselves from their "soul sleep" without it. When people are happy, they usually become selfish, and automatically the law of Karma is set in action. Man often suffers loss through lack of appreciation.

I knew a woman who had a very nice husband, but she said often, "I don't care anything about being married, but that is nothing against my husband. I'm simply not interested in married life."

She had other interests, and scarcely remembered she had a husband. She only thought of him when she saw him. One day her husband told her he was in love with another woman, and left. She came to me in distress and resentment.

I replied, "It is exactly what you spoke the word for. You said you didn't care anything about being married, so the subconscious worked to get you unmarried."

She said, "Oh yes, I see. People get what they want, and then feel very much hurt."

She soon became in perfect harmony with the situation, and knew they were both much happier apart.

When a woman becomes indifferent or critical, and ceases to be an inspiration to her husband, he misses the stimulus of their early relationship and is restless and unhappy.

A man came to me dejected, miserable and poor. His wife was interested in the "Science of Numbers," and had had him read. It seems the report was not very favorable, for he said, "My wife says I'll never amount to anything because I am a two."

I replied, "I don't care what your number is, you are a perfect idea in divine mind, and we will demand the success and prosperity which are already planned for you by that Infinite Intelligence."

Within a few weeks, he had a very fine position, and a year or two later, he achieved a brilliant success as a writer. No man is a success in business unless he loves his work. The picture the artist paints for love (of his art) is his greatest work. The pot-boiler is always something to live down.

No man can attract money if he despises it. Many people are kept in poverty by saying: "Money means nothing to me, and I have a contempt for people who have it."

This is the reason so many artists are poor. Their contempt for money separates them from it.

I remember hearing one artist say of another, "He's no good as an artist, he has money in the bank."

This attitude of mind, of course, separates man from his supply; he must be in harmony with a thing in order to attract it.

Money is God in manifestation, as freedom from want and limitation, but it must be always kept in circulation and put to right uses. Hoarding and saving react with grim vengeance.

This does not mean that man should not have houses and lots, stocks and bonds, for "the barns of the righteous man shall be full." It means man should not hoard even the principal, if an occasion arises, when money is necessary. In letting it go out fearlessly and cheerfully he opens the way for more to come in, for God is man's unfailing and inexhaustible supply.

This is the spiritual attitude towards money and the great Bank of the Universal never fails!

We see an example of hoarding in the film production of *Greed*. The woman won five thousand dollars in a lottery but would not spend it. She hoarded and saved, let her husband suffer and starve, and eventually she scrubbed floors for a living.

She loved the money itself and put it above everything, and one night she was murdered and the money taken from her.

This is an example of where "love of money is the root of all evil." Money in itself, is good and beneficial, but used for destructive purposes, hoarded and saved, or considered more important than love, brings disease and disaster, and the loss of the money itself.

Follow the path of love, and all things are added, *for God is love, and God is supply*; follow the path of selfishness and greed, and the supply vanishes, or man is separated from it.

For example, I knew the case of a very rich woman, who hoarded her income. She rarely gave anything away but bought and bought things for herself.

She was very fond of necklaces, and a friend once asked her how many she possessed. She replied, "Sixty-seven."

She bought them and put them away, carefully wrapped in tissue paper. Had she used the necklaces it would have been quite legitimate, but she was violating "the law of use." Her closets were filled with clothes she never wore, and jewels which never saw the light.

The woman's arms were gradually becoming paralyzed from holding on to things, and eventually she was considered incapable of looking after her affairs and her wealth was handed over to others to manage.

So, man, in ignorance of the law, brings about his own destruction.

All disease, all unhappiness, come from the violation of the law of love. Man's boomerangs of hate, resentment and criticism come back laden with sickness and sorrow. Love seems almost a lost

art, but the man with the knowledge of spiritual law knows it must be regained, for without it, he has "become as sounding brass and tinkling cymbals."

For example: I had a student who came to me, month after month, to clean her consciousness of resentment.

After a while, she arrived at the point where she resented only one woman, but that one woman kept her busy.

Little by little she became poised and harmonious, and one day, all resentment was wiped out.

She came in radiant and exclaimed "You can't understand how I feel! The woman said something to me and instead of being furious I was loving and kind, and she apologized and was perfectly lovely to me. No one can understand the marvelous lightness I feel within!"

Love and good-will are invaluable in business.

For example: A woman came to me, complaining of her employer. She said she was cold and critical and knew she did not want her in the position.

"Well," I replied, "Salute the Divinity in the woman and send her love."

She said, "I can't; she's a marble woman."

I answered, "You remember the story of the sculptor who asked for a certain piece of marble. He was asked why he wanted it, and he replied, 'because there is an angel in the marble,' and out it he produced a wonderful work of art."

She said, "Very well, I'll try it." A week later she came back and said, "I did what you told me to, and now the woman is very kind, and took me out in her car."

People are sometimes filled with remorse for having done someone an unkindness, perhaps years ago.

If the wrong cannot be righted, its effect can be neutralized by doing someone a kindness *in the present*.

"This one thing I do, forgetting those things which are behind and reaching forth unto those things which are before."

Sorrow, regret and remorse tear down the cells of the body and poison the atmosphere of the individual.

A woman said to me in deep sorrow, "Treat me to be happy and joyous, for my sorrow makes me so irritable with members of my family that I keep making more Karma."

I was asked to treat a woman who was mourning for her daughter. I denied all belief in loss and separation, and affirmed that God was the woman's joy, love and peace.

The woman gained her poise at once, but sent word by her son, not to treat any longer, because she was "so happy, it wasn't respectable."

So "mortal mind" loves to hang on to its griefs and regrets."

I knew a woman who went about bragging of her troubles, so, of course, she always had something to brag about.

The old idea was if a woman did not worry about her children, she was not a good mother.

Now, we know that mother-fear is responsible for many of the diseases and accidents which come into the lives of children.

For fear pictures vividly the disease or situation feared, and these pictures objectify, if not neutralized.

Happy is the mother who can say sincerely that she puts her child in God's hands, and knows therefore, that he is divinely protected.

For example: A woman awoke suddenly, in the night, feeling her brother was in great danger. Instead of giving in to her fears, she commenced making statements of Truth, saying, "Man is a perfect idea in Divine Mind, and is always in his right place, therefore, my brother is in his right place, and is divinely protected."

The next day she found that her brother had been in close proximity to an explosion in a mine but had miraculously escaped.

So, man is his brother's keeper (in thought) and every man should know that the thing he loves dwells in "the secret place of the most high, and abides under the shadow of the Almighty."

"There shall no evil befall thee, neither shall any plague come nigh thy dwelling."

"Perfect love casteth out fear. He that feareth is not made perfect in love," and "Love is the fulfilling of the Law."

NOTES

Guided Journal Section 2

What did Florence share in this chapter that made you feel empowered?

What passage spoke to you and triggered an "Aha" moment?

What did you learn about yourself from this chapter?

What can you take from this chapter that will support you to improve your life?

What would you like to know more about - dive deeper into?

NOTES

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Upon Waking: Date _____
I accept "what my life is in this moment."

I accept and use my power to

I consciously choose to BE Love Energy today.

In deepest gratitude I infuse/bless all aspects of my day and life with LOVE energy. I am a magnet for LOVE energy experiences

I commit to breathing deeply today.

Sign _____ Date _____

Before Sleeping:

Three things I'm grateful for today:

Today I did or did not use my power in this way:

I took control of my power by:

I commit to breathing deeply tomorrow.

Sign _____ Date _____



Upon Waking: Date _____
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MONEY Loves ME! I accept and use my power to

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I infuse

**My
LIFE**

with love.

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I'm a Miracle Magnet! ©

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God makes a way
when there is no way



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Weekly Progress Gameboard



Week _____

This was my biggest "Aha!" moment this week:



This is how I used my power this week:



Sign & Date

Commitment to Myself Gameboard

I make these commitments to myself



Be Sure To ~~~~~

Sign & Date

The Power of the Word

A person knowing the power of the word, becomes very careful of his conversation. He has only to watch the reaction of his words to know that they do "not return void." Through his spoken word, man is continually making laws for himself.

I knew a man who said, "I always miss a car. It invariably pulls out just as I arrive."

His daughter said: "I always catch a car. It's sure to come just as I get there." This occurred for years. Each had made a separate law for himself, one of failure, one of success. This is the psychology of superstitions.

The horseshoe or rabbit's foot contains no power, but man's spoken word and belief that it will bring good luck creates expectancy in the subconscious mind and attracts a "lucky situation." I find however, this will not "work" when man has advanced spiritually and knows a higher law. One cannot turn back and must put away "graven images."

For example: Two men in my class had had great success in business for several months, when suddenly everything "went to smash." We tried to analyze the situation, and I found, instead of making their affirmations and looking to God for success and prosperity, they had each bought a "lucky monkey." I said: "Oh I see, you have been trusting in the lucky monkeys instead of God." "Put away the lucky monkeys and call on the law of forgiveness," for man has power to forgive or neutralize his mistakes.

They decided to throw the lucky monkeys down a coalhole, and all went well again. This does not mean, however, that one should throw away every "lucky" ornament or horseshoe about the house, but he must recognize that the power back of it is the one and only power, God, and that the object simply gives him a feeling of expectancy.

I was with a friend, one day, who was in deep despair. In crossing the street, she picked up a horseshoe. Immediately, she was filled with joy and hope. She said God had sent her the horseshoe in order to keep up her courage.

It was indeed, at that moment, about the only thing that could have registered in her consciousness. Her hope became faith, and she ultimately made a wonderful demonstration. I wish to make the point clear that the men previously mentioned were depending on the monkeys, alone, while this woman recognized the power back of the horseshoe.

I know, in my own case, it took a long while to get out of a belief that a certain thing brought disappointment. If the thing happened, disappointment invariably followed. I found the only way I could make a change in the subconscious, was by asserting, "There are not two powers, there is only one power, God, therefore, there are not disappointments, and this thing means a happy surprise." I noticed a change at once, and happy surprises commenced coming my way.

I have a friend who said nothing could induce her to walk under a ladder. I said, "If you are afraid, you are giving in to a belief in two powers, Good and Evil, instead of one. As God is absolute, there can be no opposing power, unless man makes the false of evil for himself. To show you believe in only One Power, God, and that there is no power or reality in evil, walk under the next ladder you see."

Soon after, she went to her bank. She wished to open her box in the safe-deposit vault, and there stood a ladder on her pathway. It was impossible to reach the box without passing under the ladder. She quailed with fear and turned back. She could not face the lion on her pathway. However, when she reached the street, my words rang in her ears, and she decided to return and walk under it. It was a big moment in her life, for ladders had held her in bondage for years. She retraced her steps to the vault, and the ladder was no longer there! This so often happens! If one is willing to do a thing he is afraid to do, he does not have to.

It is the law of non-resistance, which is so little understood.

Someone has said that courage contains genius and magic. Face a situation fearlessly, and there is no situation to face; it falls away of its own weight.

The explanation is, that fear attracted the ladder on the woman's pathway, and fearlessness removed it.

Thus, the invisible forces are ever working for man who is always "pulling the strings" himself, though he does not know it. Owing to the vibratory power of words, whatever man voices, he begins to attract. People who continually speak of disease invariably attract it.

After man knows the truth, he cannot be too careful of his words. For example: I have a friend who often says on the 'phone, "Do come to see me and have an old-fashioned chat." This "old-fashioned chat" means an hour of about five hundred to a thousand destructive words, the principal topics being loss, lack, failure and sickness.

I reply: "No, I thank you. I've had enough old-fashioned chats in my life, they are too expensive, but I will be glad to have a new-fashioned chat, and talk about what we want, not what we don't want." There is an old saying that man only dares use his words for three purposes, to "heal, bless or prosper." What man says of others will be said of him, and what he wishes for another, he is wishing for himself.

"Curses, like chickens, come home to roost."

If a man wishes someone "bad luck," he is sure to attract bad luck himself. If he wishes to aid someone to success, he is wishing and aiding himself to success.

The body may be renewed and transformed through the spoken word and clear vision, and disease be completely wiped out of the consciousness. The metaphysician knows that all disease has a mental correspondence, and in order to heal the body one must first "heal the soul."

The soul is the subconscious mind, and it must be "saved" from wrong thinking.

In the twenty-third psalm, we read: "He restoreth my soul." This means that the subconscious mind or soul must be restored with the right ideas, and the "mystical marriage" is the marriage of the soul and the spirit, or the subconscious and superconscious mind. They must be one. When the

subconscious is flooded with the perfect ideas of the superconscious, God and man are one, "I and the Father are one." That is, he is one with the realm of perfect ideas; he is the man made in God's likeness and image (imagination) and is given power and dominion over all created things, his mind, body and affairs.

It is safe to say that all sickness and unhappiness come from the violation of the law of love. A new commandment I give unto you, "Love one another," and in the Game of Life, love or good-will takes every trick.

For example: A woman I know, had, for years an appearance of a terrible skin disease. The doctors told her it was incurable, and she was in despair. She was on the stage, and she feared she would soon have to give up her profession, and she had no other means of support. She, however, procured a good engagement, and on the opening night, made a great "hit." She received flattering notices from the critics and was joyful and elated.

The next day she received a notice of dismissal. A man in the cast had been jealous of her success and had caused her to be sent away. She felt hatred and resentment taking complete possession of her, and she cried out, "Oh God don't let me hate that man." That night she worked for hours "in the silence."

She said, "I soon came into a very deep silence. I seemed to be at peace with myself, with the man, and with the whole world. I continued this for two following nights, and on the third day I found I was healed completely of the skin disease!" In asking for love, or good will, she had fulfilled the law, ("for love is the fulfilling of the law") and the disease (which came from subconscious resentment) was wiped out.

Continual criticism produces rheumatism, as critical, inharmonious thoughts cause unnatural deposits in the blood, which settle in the joints.

False growths are caused by jealousy, hatred unforgiveness, fear, etc. Every disease is caused by a mind not at ease. I said once, in my class, "There is no use asking anyone 'What's the matter with you?' we might just as well say, 'Who's the matter with you?'" Unforgiveness is the most prolific cause of disease. It will harden arteries or liver and affect the eye-sight. In its train are endless ills.

I called on a woman, one day, who said she was ill from having eaten a poisoned oyster. I replied, "Oh, no, the oyster was harmless, you poisoned the oyster. What's the matter with you?" She answered, "Oh about nineteen people." She had quarreled with nineteen people and had become so inharmonious that she attracted the wrong oyster.

Any inharmony on the external, indicates there is mental inharmony. "As the within, so the without."

Man's only enemies are within himself. "And a man's foes shall be they of his own household." Personality is one of the last enemies to be overcome, as this planet is taking its initiation in love. It was Christ's message - "Peace on Earth, good will towards man." The enlightened man, therefore, endeavors to perfect himself upon his neighbor. His work is with himself, to send out goodwill and

blessings to every man, and the marvelous thing is, that if one blesses a man he has no power to harm him.

For example: A man came to me asking to "treat" for success in business. He was selling machinery, and a rival appeared on the scene with what he proclaimed was a better machine, and my friend feared defeat. I said, "First of all, we must wipe out all fear, and know that God protects your interest, and that the divine idea must come out of the situation. That is, the right machine will be sold, by the right man, to the right man." And I added, "Don't hold one critical thought towards that man. Bless him all day, and be willing not to sell your machine, if it isn't the divine idea." So he went to the meeting, fearless and non-resistant, and blessing the other man. He said the outcome was very remarkable. The other man's machine refused to work, and he sold his without the slightest difficulty. "But I say unto you, love your enemies, bless them that curse you, do good to them that hate you, and pray for them which spitefully use you and persecute you."

Good-will produces a great aura of protection about the one who sends it, and "No weapon that is formed against him shall prosper." In other words, love and good-will destroy the enemies with one's self, therefore, one has no enemies on the external!

There is peace on earth for him who sends good-will to man!

Guided Journal Section 3

What did Florence share in this chapter that made you feel empowered?

What passage spoke to you and triggered an "Aha" moment?

What did you learn about yourself from this chapter?

What can you take from this chapter that will support you to improve your life?

What would you like to know more about - dive deeper into?

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Upon Waking: Date _____
I accept "what my life is in this moment."

I accept and use my power to

I consciously choose to BE Love Energy today.

In deepest gratitude I infuse/bless all aspects of my day and life with LOVE energy. I am a magnet for LOVE energy experiences

I commit to breathing deeply today.

Sign _____ Date _____

Before Sleeping:

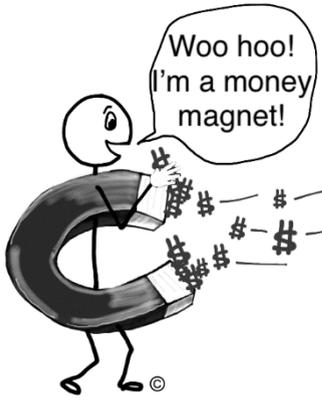
Three things I'm grateful for today:

Today I did or did not use my power in this way:

I took control of my power by:

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My Square of Life fulfilled

Upon Waking: Date _____

I accept "what my life is in this moment."



Health



Wealth*

I accept and use my power to



Perfect
Self-Expression



Love ©

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I. AM.
Powerful.



Upon Waking: Date _____
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I accept and use my power to

I consciously choose to BE Love Energy today.

In deepest gratitude I infuse/bless all aspects of my day and life with LOVE energy. I am a magnet for LOVE energy experiences

I commit to breathing deeply today.

Sign _____ Date _____

Before Sleeping:

Three things I'm grateful for today:

Today I did or did not use my power in this way:

I took control of my power by:

I commit to breathing deeply tomorrow.

Sign _____ Date _____



Upon Waking: Date _____
I accept "what my life is in this moment."

I accept and use my power to

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Sign _____ Date _____



I infuse
**My
LIFE**
with love.

Upon Waking: Date _____
I accept "what my life is in this moment."

I accept and use my power to

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Sign _____ Date _____

Weekly Progress Gameboard



Week _____

This was my biggest "Aha!" moment this week:

You're
Awesome!



This is how I used my power this week:



Sign & Date

Commitment to Myself Gameboard

I make these commitments to myself



Be Sure To ~~~~~

Sign & Date

The Law of Non-resistance

Nothing on earth can resist an absolutely non-resistant person.

The Chinese say that water is the most powerful element, because it is perfectly non-resistant. It can wear away a rock, and sweep all before it.

Jesus Christ said, "Resist not evil," for He knew in reality, there is no evil, therefore nothing to resist. Evil has come of man's "vain imagination," or a belief in two powers, good and evil.

There is an old legend, that Adam and Eve ate of "Maya the Tree of Illusion," and saw two powers instead of one power, God.

Therefore, evil is a false law man has made for himself, through psychoma or soul sleep. Soul sleep means, that man's soul has been hypnotized by the race belief (of sin, sickness and death, etc.) which is carnal or mortal thought, and his affairs have out pictured his illusions.

We have read in a preceding chapter, that man's soul is his subconscious mind, and whatever he feels deeply, good or bad, is out pictured by that faithful servant. His body and affairs show forth what he has been picturing. The sick man has pictured sickness, the poor man, poverty, the rich man, wealth.

People often say, "why does a little child attract illness, when it is too young even to know what it means?"

I answer that children are sensitive and receptive to the thoughts of others about them, and often outpicture the fears of their parents.

I heard a metaphysician once say, "If you do not run your subconscious mind yourself, someone else will run it for you."

Mothers often, unconsciously, attract illness and disaster to their children, by continually holding them in thoughts of fear, and watching for symptoms.

For example: A friend asked a woman if her little girl had had the measles. She replied promptly, "not yet!" This implied that she was expecting the illness, and therefore, preparing the way for what she did not want for herself and child.

However, the man who is centered and established in right thinking, the man who sends out only good-will to his fellowman, and who is without fear, cannot be *touched or influenced by the negative thoughts of others*. In fact, he could then receive only good thoughts, as he himself, sends forth only good thoughts.

Resistance is Hell, for it places man in a "state of torment."

A metaphysician once gave me a wonderful recipe for taking every trick in the game of life, it is the acme of non-resistance. He gave it in this way: "At one time in my life, I baptized children, and of course, they had many names. Now I no longer baptize children, but I baptize events, but *I give*

every event the same name. If I have a failure I baptize it success, in the name of the Father, and of the Son, and of the Holy Ghost!"

In this, we see the great law of transmutation, founded on non-resistance. Through his spoken word, every failure was transmuted into success.

For example: A woman who required money, and who knew the spiritual law of opulence, was thrown continually in a business-way, with a man who made her feel very poor. He talked lack and limitation and she commenced to catch his poverty thoughts, so she disliked him, and blamed him for her failure. She knew in order to demonstrate her supply; she must first feel that she *had received* - *a feeling of opulence must precede its manifestation.*

It dawned on her, one day, that she was resisting the situation, and seeing two powers instead of one. So she blessed the man and baptized the situation "Success"! She affirmed, "As there is only one power, God, this man is here for my good and my prosperity" (just what he did not seem to be there for). Soon after that she met, *through this man*, a woman who gave her for a service rendered, several thousand dollars, and the man moved to a distant city, and faded harmoniously from her life. Make the statement, "Every man is a golden link in the chain of my good," for all men are God in manifestation, *awaiting the opportunity given by man, himself, to serve the divine plan of his life.*

"Bless your enemy, and you rob him of his ammunition." His arrows will be transmuted into blessings.

This law is true of nations as well as individuals. Bless a nation, send love and good-will to every inhabitant, and it is robbed of its power to harm.

Man can only get the right idea of non-resistance, through spiritual understanding. My students have often said: "I don't want to be a doormat." I reply, "when you use non-resistance with wisdom, no one will ever be able to walk over you."

Another example: One day I was impatiently awaiting an important telephone call. I resisted every call that came in and made no out-going calls myself, reasoning that it might interfere with the one I was awaiting.

Instead of saying, "Divine ideas never conflict, the call will come at the right time," leaving it to Infinite Intelligence to arrange, I commenced to manage things myself - I made the battle mine, not God's and remained tense and anxious. The bell did not ring for about an hour, and I glanced at the 'phone and found the receiver had been off that length of time, and the 'phone was disconnected. My anxiety, fear and belief in interference, had brought on a total eclipse of the telephone. Realizing what I had done, I commenced blessing the situation at once; I baptized it "success," and affirmed, "I cannot lose any call that belongs to me by divine right; I am under *grace, and not under law.*"

A friend rushed out to the nearest telephone, to notify the Company to reconnect.

She entered a crowded grocery, but the proprietor left his customers and attended to the call himself. My 'phone was connected at once, and two minutes later, I received a very important call, and about an hour afterward, the one I had been awaiting.

One's ships come in over a calm sea.

So long as man resists a situation, he will have it with him. If he runs away from it, it will run after him.

For example: I repeated this to a woman one day, and she replied, "How true that is! I was unhappy at home, I disliked my mother, who was critical and domineering; so, I ran away and was married - but I married my mother, for my husband was exactly like my mother, and I had the same situation to face again."

"Agree with thine adversary quickly."

This means, agree that the adverse situation is good, be undisturbed by it, and it falls away of its own weight. "None of these things move me," is a wonderful affirmation.

The inharmonious situation comes from some inharmony within man himself.

When there is, in him, no emotional response to an inharmonious situation, it fades away forever, from his pathway.

So, we see man's work is ever with himself.

People have said to me, "Give treatments to change my husband, or my brother." I reply, "No, I will give *treatments to change you*; when you change, your husband and your brother will change."

One of my students was in the habit of lying. I told her it was a failure method and if she lied, she would be lied to. She replied, "I don't care, I can't possibly get along without lying."

One day she was speaking on the 'phone to a man with whom she was very much in love. She turned to me and said, "I don't trust him, I know he's lying to me." I replied, "Well, you lie yourself, so someone has to lie to you, and you will be sure it will be just the person you want the truth from." Some time after that, I saw her, and she said, "I'm cured of lying."

I questioned: "What cured you?"

She replied: "I have been living with a woman who lied worse than I did!"

One is often cured of his faults by seeing them in others.

Life is a mirror, and we find only ourselves reflected in our associates.

Living in the past is a failure method and a violation of spiritual law.

Jesus Christ said, "Behold, now is the accepted time." "Now is the day of Salvation."

Lot's wife looked back and was turned into a pillar of salt.

The robbers of time are the past and the future. Man should bless the past, and forget it, if it keeps him in bondage, and bless the future, knowing it has in store for him endless joys, but live *fully in the now*.

For example: A woman came to me, complaining that she had no money with which to buy Christmas gifts. She said, "Last year was so different; I had plenty of money and gave lovely presents, and this year I have scarcely a cent."

I replied, "You will never demonstrate money while you are pathetic and live in the past. Live fully in the *now* and *get ready to give Christmas presents*. Dig your ditches, and the money will come." She exclaimed, "I know what to do! I will buy some tinsel twine, Christmas seals and wrapping paper." I replied, "Do that, and the *presents will come and stick themselves to the Christmas seals*."

This too, was showing financial fearlessness and faith in God, as the reasoning mind said, "Keep every cent you have, as you are not sure you will get any more."

She bought the seals, paper and twine, and a few days before Christmas, received a gift of several hundred dollars. Buying the seals and twine had impressed the subconscious with expectancy and opened the way for the manifestation of the money. She purchased all the presents in plenty of time.

Man must live suspended in the moment.

"Look well, therefore, to this Day! Such is the salutation of the Dawn."

He must be spiritually alert, ever awaiting his leads, taking advantage of every opportunity.

One day, I said continually (silently), "Infinite Spirit, don't let me miss a trick," and something very important was told to me that evening. It is most necessary to begin the day with right words.

Make an affirmation immediately upon waking.

For example: *"Thy will be done this day! Today is a day of completion, I give thanks for this perfect day, miracle shall follow miracle, and wonders shall never cease."*

Make this a habit, and one will see wonders and miracles come into his life.

One morning I picked up a book and read, "Look with wonder at that which is before you!" It seemed to be my message for the day, so I repeated again and again, "Look with wonder at that which is before you."

At about noon, a large sum of money was given me, which I had been desiring for a certain purpose.

In a following chapter, I will give affirmations that I have found most effective. However, one should never use an affirmation unless it is absolutely satisfying and convincing to his own consciousness, and often an affirmation is changed to suit different people.

For example: The following has brought success to many: "I have a wonderful work, in a wonderful way, I give wonderful service, for wonderful pay!"

I gave the first two lines to one of my students, and she added the last two.

It made a *most powerful statement*, as there should always be perfect payment for perfect service, and a rhyme sinks easily into the subconscious. She went about singing it aloud and soon did receive wonderful work in a wonderful way and gave wonderful service for wonderful pay.

Another student, a businessman, took it, and changed the word work to business. He repeated, "I have a wonderful business, in a wonderful way, and I give wonderful service for wonderful pay." That afternoon he made a forty-one-thousand-dollar deal, though there had been no activity in his affairs for months.

Every affirmation must be carefully worded and completely "cover the ground."

For example: I knew a woman, who was in great need, and made a demand for work. She received a great deal of work but was never paid anything. She now knows to add, "Wonderful service for wonderful pay."

It is man's divine right to have plenty! More than enough!

The Game of Life Guided Empowerment Journal

"His barns should be full, and his cup should flow over!" This is God's idea for man, and when man breaks down the barriers of lack in his own consciousness, the Golden Age will be his, and every righteous desire of his heart fulfilled!

Guided Journal Section 4

What did Florence share in this chapter that made you feel empowered?

What passage spoke to you and triggered an "Aha" moment?

What did you learn about yourself from this chapter?

What can you take from this chapter that will support you to improve your life?

What would you like to know more about - dive deeper into?

NOTES

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NOTES

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Upon Waking: Date _____
I accept "what my life is in this moment."

I accept and use my power to

I consciously choose to BE Love Energy today.

In deepest gratitude I infuse/bless all aspects of my day and life with LOVE energy. I am a magnet for LOVE energy experiences

I commit to breathing deeply today.

Sign _____ Date _____

Before Sleeping:

Three things I'm grateful for today:

Today I did or did not use my power in this way:

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I'm a Miracle Magnet! ©

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Sign _____ Date _____

God makes a way
when there is no way



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Before Sleeping:

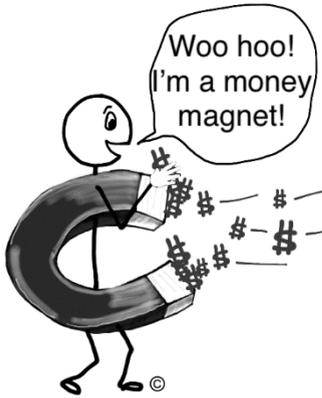
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Sign _____ Date _____

My Square of Life fulfilled

Upon Waking: Date _____

I accept "what my life is in this moment."



Health



Wealth*

I accept and use my power to



Perfect
Self-Expression



Love ©

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Weekly Progress Gameboard



Week _____

This was my biggest "Aha!" moment this week:



This is how I used my power this week:



Sign & Date

Commitment to Myself Gameboard

I make these commitments to myself



Be Sure To ~~~~~

Sign & Date

The Law of Karma & The Law of Forgiveness

Man receives only that which he gives. The game of life is a game of boomerangs. Man's thoughts, deeds and words, return to him sooner or later, with astounding accuracy. This is the law of Karma, which is Sanskrit for "Comeback." "Whatsoever a man soweth, that shall he also reap."

For example: A friend told me this story of herself, illustrating the law. She said, "I make all my Karma on my aunt, whatever I say to her, someone says to me. I am often irritable at home, and one day, said to my aunt, who was talking to me during dinner. '*No more talk, I wish to eat in peace.*'"

"The following day, I was lunching with a woman with whom I wished to make a great impression. I was talking animatedly, when she said: '*No more talk, I wish to eat in peace!*'"

My friend is high in consciousness, so her Karma returns much more quickly than to one on the mental plane.

The more man knows, the more he is responsible for, and a person with a knowledge of Spiritual Law, which he does not practice, suffers greatly, in consequence. "The fear of the Lord (law) is the beginning of wisdom." If we read the word Lord, law, it will make many passages in the Bible much clearer. "Vengeance is mine, I will repay saith the Lord" (law). It is the law which takes vengeance, not God. God sees man perfect, "created in his own image," (imagination) and given "power and dominion."

This is the perfect idea of man, registered in Divine Mind, awaiting man's recognition; for man can only be what he sees himself to be, and only attain what he sees himself attaining.

"Nothing ever happens without an on-looker" is an ancient saying.

Man sees first his failure or success, his joy or sorrow, before it swings into visibility from the scenes set in his own imagination. We have observed this in the mother picturing disease for her child, or a woman seeing success for her husband.

Jesus Christ said, "And ye shall know the truth and the truth shall make you free."

So, we see freedom (from all unhappy conditions) comes through knowledge - a knowledge of Spiritual Law.

Obedience precedes authority, and the law obeys man when he obeys the law. The law of electricity must be obeyed before it becomes man's servant. When handled ignorantly, it becomes man's deadly foe. *So, with the laws of Mind!*

For example: A woman with a strong personal will, wished she owned a house which belonged to an acquaintance, and she often made mental pictures of herself living in the house. In the course of time, the man died, and she moved into the house. Several years afterwards, coming into the knowledge of Spiritual Law, she said to me: "Do you think I had anything to do with that man's death?" I replied: "Yes, your desire was so strong, everything made way for it, but you paid your

Karmic debt. Your husband, whom you loved devotedly, died soon after, and the house was a white elephant on your hands for years."

The original owner, however, could not have been affected by her thoughts had he been positive in the truth, nor her husband, but they were both under Karmic law. The woman should have said (feeling the great desire for the house), "Infinite Intelligence, give me the right house, equally as charming as this, the house *which is mine by divine right.*"

The divine selection would have given perfect satisfaction and brought good to all. The divine pattern is the only safe pattern to work by.

Desire is a tremendous force, and must be directed in the right channels, or chaos ensues.

In demonstrating, the most important step is the *first step, to "ask aright."*

Man should always demand only that which is his by *divine right.*

To go back to the illustration: Had the woman taken this attitude: "If this house, I desire, is mine, I cannot lose it, if it is not, give me its equivalent," the man might have decided to move out, harmoniously (had it been the divine selection for her) or another house would have been substituted. Anything forced into manifestation through personal will, is always "ill-got," and has "ever bad success."

Man is admonished, "My will be done not thine," and the curious thing is, man always gets just what he desires when he does relinquish personal will, thereby enabling Infinite Intelligence to work through him.

"Stand ye still and see the salvation of the Lord" (law).

For example: A woman came to me in great distress. Her daughter had determined to take a very hazardous trip, and the mother was filled with fear.

She said she had used every argument, had pointed out the dangers to be encountered, and forbidden her to go, but the daughter became more and more rebellious and determined. I said to the mother, "You are forcing your personal will upon your daughter, which you have no right to do, and your fear of the trip is only attracting it, for man attracts what he fears." I added, "Let go, and take your mental hands off; *put it in God's Hands and use this statement:*" "I put this situation in the hands of Infinite Love and Wisdom; if this trip is the Divine plan, I bless it and no longer resist, but if it is not divinely planned, I give thanks that it is now dissolved and dissipated."

A day or two after that, her daughter said to her, "Mother, I have given up the trip," and the situation returned to its "native nothingness."

It is learning to "stand still," which seems so difficult for man. I have dealt more fully with this law in the chapter on non-resistance.

I will give another example of sowing and reaping, which came in the most curious way.

A woman came to me saying, she had received a counterfeit twenty-dollar bill, given to her at the bank. She was much disturbed, for, she said, "The people at the bank will never acknowledge their mistake."

I replied, "Let us analyze the situation and find out why you attracted it." She thought a few moments and exclaimed: "I know it, I sent a friend a lot of stage money, just for a joke." So the law had sent her some stage money, for it doesn't know anything about jokes.

I said, "Now we will call on the law of forgiveness and neutralize the situation."

Christianity is founded upon the law of forgiveness - Christ has redeemed us from the curse of the Karmic law, and the Christ within each man is his Redeemer and Salvation from all inharmonious conditions.

So, I said: "Infinite Spirit, we call on the law of forgiveness and give thanks that she is under grace and not under law, and cannot lose this twenty dollars which is hers by divine right."

"Now," I said, "Go back to the bank and tell them, fearlessly, that it was given you, there by mistake."

She obeyed, and to her surprise, they apologized and gave her another bill, treating her most courteously.

So, knowledge of the Law gives man power to "rub out his mistakes." Man cannot force the external to be what he is not.

If he desires riches, he must be rich first in consciousness.

For example: A woman came to me asking treatment for prosperity. She did not take much interest in her household affairs, and her home was in great disorder.

I said to her, "If you wish to be rich, you must be orderly. All men with great wealth are orderly - and order is heaven's first law." I added, "You will never become rich with a burnt match in the pincushion."

She had a good sense of humor and commenced immediately, putting her house in order. She rearranged the furniture, straightened out bureau drawers, cleaned rugs, and soon made a big financial demonstration - a gift from a relative. The woman, herself, became made over, and keeps herself keyed-up financially, by being ever watchful of the *external and expecting prosperity, knowing God is her supply*.

Many people are in ignorance of the fact that gifts and things are investments, and that hoarding and saving invariably lead to loss.

"There is that scattereth and yet increaseth; and there is that withholdeth more than is meet, but it tendeth to poverty."

For example: I knew a man who wanted to buy a fur-lined overcoat. He and his wife went to various shops, but there was none he wanted. He said they were all too cheap looking. At last, he was shown one, the salesman said was valued at a thousand dollars, but which the manager would sell him for five-hundred dollars, as it was late in the season.

His financial possessions amounted to about seven hundred dollars. The reasoning mind would have said, "You can't afford to spend nearly all you have on a coat," but he was very intuitive and never reasoned.

He turned to his wife and said, "If I get this coat, I'll make a ton of money!" So his wife consented, weakly.

About a month later, he received a ten-thousand-dollar commission. The coat made him feel so rich, it linked him with success and prosperity; without the coat he would not have received the commission. It was an investment paying large dividends!

If man ignores these leadings to spend or to give, the same amount of money will go in an uninteresting or unhappy way.

For example: A woman told me, on Thanksgiving Day, she informed her family that they could not afford a Thanksgiving dinner. She had the money but decided to save it.

A few days later, someone entered her room and took from the bureau drawer the exact amount the dinner would have cost.

The law always stands back of the man who spends fearlessly, with wisdom.

For example: One of my students was shopping with her little nephew. The child clamored for a toy, which she told him she could not afford to buy.

She realized suddenly that she was seeking lack, and not recognizing God as her supply!

So she bought the toy, and on her way home, picked up, *in the street, the exact amount of money she had paid for it.*

Man's supply is inexhaustible and unfailing when fully trusted, but faith or trust must precede the demonstration. "According to your faith be it unto you." "Faith is the substance of things hoped for, the evidence of things not seen - " for faith holds the vision steady, and the adverse pictures are dissolved and dissipated, and "in due season we shall reap, if we faint not."

Jesus Christ brought the good news (the gospel) that there was a higher law than the law of Karma - and that that law transcends the law of Karma. It is the law of grace, or forgiveness. It is the law which *frees man from the law of cause and effect - the law of consequence. "Under grace, and not under law."*

We are told that on this plane, man reaps where he has not sown; the gifts of God are simply poured out upon him. "All that the Kingdom affords is his." This continued state of bliss awaits the man who has overcome the race (or world) thought.

In the world thought there is tribulation, but Jesus Christ said: "Be of good cheer; I have overcome the world."

The world thought is that of sin, sickness and death. He saw their absolute unreality and said sickness and sorrow shall pass away and death itself, the last enemy, be overcome.

We know now, from a scientific standpoint, that death could be overcome by stamping the subconscious mind with the conviction of eternal youth and eternal life.

The subconscious, being simply power without direction, *carries out orders without questioning.*

Working under the direction of the superconscious (the Christ or God within man) the "resurrection of the body" would be accomplished.

The Game of Life Guided Empowerment Journal

Man would no longer throw off his body in death, it would be transformed into the "body electric," sung by Walt Whitman, for Christianity is founded upon the forgiveness of sins and "an empty tomb."

Guided Journal Section 5

What did Florence share in this chapter that made you feel empowered?

What passage spoke to you and triggered an "Aha" moment?

What did you learn about yourself from this chapter?

What can you take from this chapter that will support you to improve your life?

What would you like to know more about - dive deeper into?

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I. AM.
Powerful.



Upon Waking: Date _____
I accept "what my life is in this moment."

I accept and use my power to

I consciously choose to BE Love Energy today.

In deepest gratitude I infuse/bless all aspects of my day and life with LOVE energy. I am a magnet for LOVE energy experiences

I commit to breathing deeply today.

Sign _____ Date _____

Before Sleeping:

Three things I'm grateful for today:

Today I did or did not use my power in this way:

I took control of my power by:

I commit to breathing deeply tomorrow.

Sign _____ Date _____



Upon Waking: Date _____
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MONEY Loves ME! I accept and use my power to

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I infuse
**My
LIFE**
with love.

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Sign _____ Date _____

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Today I did or did not use my power in this way:

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Weekly Progress Gameboard



Week _____

This was my biggest "Aha!" moment this week:



This is how I used my power this week:



Sign & Date _____

Commitment to Myself Gameboard

I make these commitments to myself



Be Sure To ~~~~~

Sign & Date

Intuition & Guidance

There is nothing too great of accomplishment for the man who knows the power of his word, and who follows his intuitive leads. By the word he starts in action unseen forces and can rebuild his body or remold his affairs.

It is, therefore, of the utmost importance, to choose the right words, and the student carefully selects the affirmation he wishes to catapult into the invisible.

He knows that God is his supply, that there is a supply for every demand, and that his spoken word releases this supply.

"Ask and ye shall receive."

Man must make the first move. "Draw nigh to God and He will draw nigh to you."

I have often been asked just how to make a demonstration.

I reply: "Speak the word and then do not do anything until you get a definite lead." Demand the lead, saying, "Infinite spirit, reveal to me the way, let me know if there is anything for me to do."

The answer will come through intuition (or hunch); a chance remark from someone, or a passage in a book, etc., etc. The answers are sometimes quite startling in their exactness. For example: A woman desired a large sum of money. She spoke the words: "Infinite Spirit, open the way for my immediate supply, let all that is mine by divine right now reach me, in great avalanches of abundance." Then she added: "Give me a definite lead; let me know if there is anything for me to do."

The thought came quickly, "Give a certain friend" (who had helped her spiritually) "a hundred dollars." She told her friend, who said, "Wait and get another lead, before giving it." So she waited, and that day met a woman who said to her, "I gave someone a dollar today; it was just as much for me, as it would be for you to give someone a hundred."

This was indeed an unmistakable lead, so she knew she was right in giving the hundred dollars. It was a gift which proved a great investment, for shortly after that, a large sum of money came to her in a remarkable way.

Giving opens the way for receiving. In order to create activity in finances, one should give. Tithing or giving one-tenth of one's income, is an old Jewish custom, and is sure to bring increase. Many of the richest men in this country have been tithers, and I have never known it to fail as an investment.

The tenth part goes forth and returns blessed and multiplied. But the gift or tithe must be given with love and cheerfulness, for "God loveth a cheerful giver." Bills should be paid cheerfully; all money should be sent forth fearlessly and with a blessing.

This attitude of mind makes man master of money. It is his to obey, and his spoken word then opens vast reservoirs of wealth.

Man, himself, limits his supply by his limited vision. Sometimes the student has a great realization of wealth but is afraid to act.

The vision and action must go hand in hand, as in the case of the man who bought the fur-lined overcoat.

A woman came to me asking me to "speak the word" for a position. So, I demanded: "Infinite Spirit, open the way for this woman's right position." Never ask for just "a position"; ask for the right position, the place already planned in Divine Mind, as it is the only one that will give satisfaction.

I then gave thanks that she had already received, and that it would manifest quickly. Very soon, she had three positions offered her, two in New York and one in Palm Beach, and she did not know which to choose. I said,

"Ask for a definite lead."

The time was almost up and was still undecided, when one day, she telephoned, "When I woke up this morning, I could smell Palm Beach." She had been there before and knew its balmy fragrance.

I replied: "Well, if you can smell Palm Beach from here, it is certainly your lead." She accepted the position, and it proved a great success. Often one's lead comes at an unexpected time.

One day, I was walking down the street, when I suddenly felt a strong urge to go to a certain bakery, a block or two away.

The reasoning mind resisted, arguing, "There is nothing there that you want."

However, I had learned not to reason, so I went to the bakery, looked at everything, and there was certainly nothing there that I wanted, but coming out I encountered a woman I had thought of often, and who was in great need of the help which I could give her.

So often, one goes for one thing and finds another.

Intuition is a spiritual faculty and does not explain, but simply *points the way*.

A person often receives a lead during a "treatment." The idea that comes may seem quite irrelevant, but some of God's leadings are "mysterious."

In the class, one day, I was treating that each individual would receive a definite lead. A woman came to me afterwards, and said: "While you were treating, I got the hunch to take my furniture out of storage and get an apartment." The woman had come to be treated for health. I told her I knew in getting a home of her own, her health would improve, and I added, "I believe your trouble, which is a congestion, has come from having things stored away. Congestion of things causes congestion in the body. You have violated the law of use, and your body is paying the penalty."

So I gave thanks that "*Divine order was established in her mind, body and affairs.*"

People little dream of how their affairs react on the body. There is a mental correspondence for every disease. A person might receive instantaneous healing through the realization of his body being a perfect idea in Divine Mind, and, therefore, whole and perfect, but if he continues his destructive thinking, hoarding, hating, fearing, condemning, the disease will return.

Jesus Christ knew that all sickness came from sin, but admonished the leper after the healing, to go and sin no more, lest a worse thing come upon him.

So man's soul (or subconscious mind) must be washed whiter than snow, for permanent healing; and the metaphysician is always delving deep for the "correspondence."

Jesus Christ said, "Condemn not lest ye also be condemned."

"Judge not, lest ye be judged."

Many people have attracted disease and unhappiness through condemnation of others.

What man condemns in others, he attracts to himself.

For example: A friend came to me in anger and distress, because her husband had deserted her for another woman. She condemned the other woman, and said continually, "She knew he was a married man, and had no right to accept his attentions."

I replied: "Stop condemning the woman, bless her, and be through with the situation, otherwise, you are attracting the same thing to yourself."

She was deaf to my words, and a year or two later, became deeply interested in a married man, herself.

Man picks up a live wire whenever he criticizes or condemns and may expect a shock.

Indecision is a stumbling-block in many a pathway. In order to overcome it, make the statement repeatedly, "*I am always under direct inspiration; I make right decisions, quickly.*"

These words impress the subconscious, and soon one finds himself awake and alert, making his right moves without hesitation. I have found it destructive to look to the psychic plane for guidance, as it is the plane of many minds and not the "The One Mind."

As man opens his mind to subjectivity, he becomes a target for destructive forces. The psychic plane is the result of man's mortal thought and is on the "plane of opposites." He may receive either good or bad messages.

The science of numbers and the reading of horoscopes, keep man down on the mental (or mortal) plane, for they deal only with the Karmic path.

I know of a man who should have been dead, years ago, according to his horoscope, but he is alive and a leader of one of the biggest movements in this country for the uplift of humanity.

It takes a very strong mind to neutralize a prophecy of evil. The student should declare, "Every false prophecy shall come to naught; every plan my Father in heaven has not planned, shall be dissolved and dissipated, the divine idea now comes to pass."

However, if any good message has ever been given one of coming happiness, or wealth, harbor and expect it, and it will manifest sooner or later, through the law of expectancy.

Man's will should be used to back the universal will. "I will that the will of God be done."

It is God's will to give every man, every righteous desire of his heart, and man's will should be used to hold the perfect vision, without wavering.

The prodigal son said: "I will arise and go to my Father."

It is, indeed, often an effort of the will to leave the husks and swine of mortal thinking. It is so much easier, for the average person, to have fear than faith; *so faith is an effort of the will.*

As man becomes spiritually awakened, he recognizes that any external inharmony is the correspondence of mental inharmony. If he stumbles or falls, he may know he is stumbling or falling in consciousness.

One day, a student was walking along the street condemning someone in her thoughts. She was saying mentally, "That woman is the most disagreeable woman on earth," when suddenly three boy scouts rushed around the corner and almost knocked her over. She did not condemn the boy scouts, but immediately called on the law of forgiveness, and "saluted the divinity" in the woman. Wisdom's way are ways of pleasantness, and all her paths are peace.

When one has made his demands upon the Universal, he must be ready for surprises. Everything may seem to be going wrong, when in reality, it is going right.

For example: A woman was told that there was no loss in divine mind, therefore, she could not lose anything which belonged to her; anything lost, would be returned, or she would receive its equivalent.

Several years previously, she had lost two thousand dollars. She had loaned the money to a relative during her lifetime, but the relative had died, leaving no mention of it in her will. The woman was resentful and angry, and as she had no written statement of the transaction, she never received the money, so she determined to deny the loss, and collect the two thousand dollars from the Bank of the Universal. She had to begin by forgiving the woman, as resentment and unforgiveness close the doors of this wonderful bank.

She made this statement, "I deny loss, there is no loss in Divine Mind, therefore, I cannot lose the two thousand dollars, which belong to me by divine right. *'As one door shuts another door opens.'*"

She was living in an apartment house which was for sale; and in the lease was a clause, stating that if the house was sold, the tenants would be required to move out within ninety days.

Suddenly, the landlord broke the leases and raised the rent. Again, injustice was on her pathway, but this time she was undisturbed. She blessed the landlord, and said, "As the rent has been raised, it means that I'll be that much richer, for God is my supply."

New leases were made out for the advanced rent, but by some divine mistake, the ninety days clause had been forgotten. Soon after, the landlord had an opportunity to sell the house. On account of the mistake in the new leases, the tenants held possession for another year.

The agent offered each tenant two hundred dollars if he would vacate. Several families moved; three remained, including the woman. A month or two passed, and the agent again appeared. This time he said to the woman,

"Will you break your lease for the sum of fifteen hundred dollars?" It flashed upon her, "Here comes the two thousand dollars." She remembered having said to friends in the house, "We will all act together if anything more is said about leaving." So her lead was to consult her friends.

These friends said, "Well, if they have offered you fifteen hundred, they will certainly give two thousand." So, she received a check for two thousand dollars for giving up the apartment. It was certainly a remarkable working of the law, and the apparent injustice was merely opening the way for her demonstration.

It proved that there is no loss, and when man takes his spiritual stand, he collects all that is his from this great Reservoir of Good.

"I will restore to you the years the locusts have eaten."

These adverse thoughts, alone, rob man; for "No man gives to himself but himself, and no man takes away from himself, but himself."

Man is here to prove God and "to bear witness to the truth," and he can only prove God by bringing plenty out of lack, and justice out of injustice.

"Prove me now herewith, saith the Lord of hosts, if I will not open you the windows of heaven, and pour out a blessing, that there shall not be room enough to receive it."

Guided Journal Section 6

What did Florence share in this chapter that made you feel empowered?

What passage spoke to you and triggered an "Aha" moment?

What did you learn about yourself from this chapter?

What can you take from this chapter that will support you to improve your life?

What would you like to know more about - dive deeper into?

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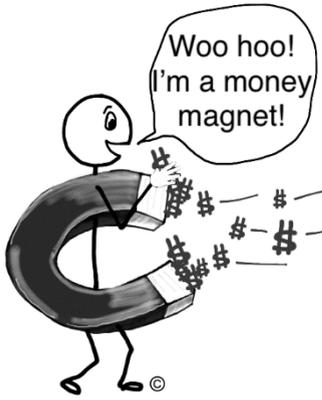
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My Square of Life fulfilled

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I. AM.
Powerful.



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MONEY Loves ME!

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I infuse

**My
LIFE**

with love.

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Weekly Progress Gameboard



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Sign & Date _____

Commitment to Myself Gameboard

I make these commitments to myself



Be Sure To ~~~~~

Sign & Date

The Law of Prosperity

One of the greatest messages given to the race through the scriptures is that God is man's supply, and that man can release, *through his spoken word*, all that belongs to him by divine right. He must, however, have *perfect faith in his spoken word*.

Isaiah said, "My word shall not return unto me void, but shall accomplish that where it is sent." We know now that words and thoughts are a tremendous vibratory force, ever molding man's body and affairs.

A woman came to me in great distress and said she was to be sued on the fifteenth of the month for three thousand dollars. She knew no way of getting the money and was in despair.

I told her God was her supply, and *that there is a supply for every demand*.

So, I spoke the word! I gave thanks that the woman would receive three thousand dollars at the right time in the right way. I told her she must have perfect faith and act her *perfect faith*. The fifteenth came but no money had materialized.

She called me on the 'phone and asked what she was to do.

I replied, "It is Saturday, so they won't sue you today. Your part is to act rich, thereby showing perfect faith that you will receive it by Monday." She asked me to lunch with her to keep up her courage. When I joined her at a restaurant, I said, "This is no time to economize. Order an expensive luncheon, act as if you have already received the three thousand dollars."

"All things whatsoever ye ask in prayer, *believing*, ye shall receive." "You must act as if you *had already received*." The next morning, she called me on the 'phone and asked me to stay with her during the day, I said "No, you are divinely protected and God is never too late."

In the evening, she 'phoned again, greatly excited and said, "My dear, a miracle has happened! I was sitting in my room this morning, when the doorbell rang, I said to the maid: 'Don't let anyone in.' The maid, however, looked out the window and said, 'It's your cousin with the long white beard.'"

So, I said, 'Call him back. I would like to see him.' He was just turning the corner, when he heard the maid's voice, and he came back.

He talked for about an hour, and just as he was leaving, he said, 'Oh, by the way, how are finances?'

I told him I needed the money, and he said, 'Why, my dear, I will give you three thousand dollars the first of the month.'

I didn't like to tell him I was going to be sued. What shall I do? I won't receive it till the first of the month, and I must have it tomorrow."

I said, "I'll keep on 'treating.'"

I said, "Spirit is never too late. I give thanks she has received the money on the invisible plane and that it manifests on time." The next morning her cousin called her up and said, "Come to my

office this morning and I will give you the money." That afternoon, she had three thousand dollars to her credit in the bank and wrote checks as rapidly as her excitement would permit.

If one asks for success and prepares for failure, he will get the situation he has prepared for. For example: A man came to me asking me to speak the word that a certain debt would be wiped out.

I found he spent his time planning what he would say to the man when he did not pay his bill, thereby neutralizing my words. He should have seen himself paying the debt.

We have a wonderful illustration of this in the bible, relating to the three kings who were in the desert, without water for their men and horses. They consulted the prophet Elisha, who gave them this astonishing message:

"Thus, saith the Lord - Ye shall not see wind, neither shall ye see rain, yet make this valley full of ditches."

Man must prepare for the thing he has asked for, *when there isn't the slightest sign of it in sight.*

For example: A woman found it necessary to look for an apartment during the year when there was a great shortage of apartments in New York. It was considered almost an impossibility, and her friends were sorry for her and said, "Isn't it too bad, you'll have to store your furniture and live in a hotel." She replied, *"You needn't feel sorry for me, I'm a superman, and I'll get an apartment."*

She spoke the words: *"Infinite Spirit, open the way for the right apartment."* She knew there was a supply for every demand, and that she was "unconditioned," working on the spiritual plane, and that "one with God is a majority."

She had contemplated buying new blankets, when the "tempter," the adverse thought or reasoning mind, suggested, "Don't buy the blankets, perhaps, after all, you won't get an apartment, and you will have no use for them." She promptly replied (to herself): "I'll dig my ditches by buying the blankets!" So, she prepared for the apartment - acted as though she already had it.

She found one in a miraculous way, and it was given to her although there were *two hundred other applicants.*

The blankets showed active faith.

It is needless to say that the ditches dug by the three kings in the desert were filled to overflowing. (Read, II Kings)

Getting into the spiritual swing of things is no easy matter for the average person. The adverse thoughts of doubt and fear surge from the subconscious. They are the "army of the aliens" which must be put to flight. This explains why it is so often, "darkest before the dawn."

A big demonstration is usually preceded by tormenting thoughts.

Having made a statement of high spiritual truth one challenges the old beliefs in the subconscious, and "error is exposed" to be put out.

This is the time when one must make his affirmations of truth repeatedly and rejoice and give thanks that he has already received, "Before ye call I shall answer." This means that "every good and perfect gift" is already man's awaiting his recognition.

Man can only receive what he sees himself receiving.

The children of Israel were told that they could have all the land they could see. This is true of every man. He has only the land within his own mental vision. Every great work, every big accomplishment, has been brought into manifestation through holding to the vision, and often just before the big achievement, comes apparent failure and discouragement.

The children of Israel when they reached the "Promised Land," were afraid to go in, for they said it was filled with giants who made them feel like grasshoppers. "And there we saw the giants and we were in our own sight as grasshoppers." This is almost every man's experience.

However, the one who knows spiritual law, is undisturbed by appearance, and rejoices while he is "yet in captivity." That is, he holds to his vision and gives thanks that the end is accomplished, he has received.

Jesus Christ gave a wonderful example of this. He said to his disciples: "Say not ye, there are yet four months and then cometh the harvest? Behold, I say unto you, lift up your eyes and look on the fields; for they are ripe already to harvest." His clear vision pierced the "world of matter" and he saw clearly the fourth dimensional world, things as they really are, perfect and complete in Divine Mind. So man must ever hold the vision of his journey's end and demand the manifestation of that which he has already received. It may be his perfect health, love, supply, self-expression, home or friends.

They are all finished and perfect ideas registered in Divine Mind (man's own superconscious mind) and must come through him, not to him. For example: A man came to me asking for treatments for success. It was imperative that he raise, within a certain time, fifty-thousand dollars for his business. The time limit was almost up, when he came to me in despair. No one wanted to invest in his enterprise, and the bank had flatly refused a loan. I replied: "I suppose you lost your temper while at the bank, therefore your power. You can control any situation if you first control yourself." "Go back to the bank," I added, "and I will treat." My treatment was: "You are identified in love with the spirit of everyone connected with the bank. Let the divine idea come out of this situation." He replied, "Woman, you are talking about an impossibility. Tomorrow is Saturday; the bank closes at twelve, and my train won't get me there until ten, and the time limit is up tomorrow, and anyway they won't do it. It's too late." I replied, "God doesn't need any time and is never too late. With Him all things are possible." I added, "I don't know anything about business, but I know all about God." He replied: "It all sounds fine when I sit here listening to you, but when I go out it's terrible." He lived in a distant city, and I did not hear from him for a week, then came a letter. It read: "You were right. I raised the money and will never again doubt the truth of all that you told me."

I saw him a few weeks later, and I said, "What happened? You evidently had plenty of time, after all." He replied, "My train was late, and I got there just fifteen minutes to twelve. I walked into the bank quietly and said, 'I have come for the loan,' and they gave it to me without a question."

It was the last fifteen minutes of the time allotted to him, and Infinite Spirit was not too late. In this instance the man could never have demonstrated alone. He needed someone to help him hold to the vision. This is what one man can do for another.

Jesus Christ knew the truth of this when he said: "If two of you shall agree on earth as touching anything that they shall ask, it shall be done for them of my Father which is in heaven." One gets too close to his own affairs and becomes doubtful and fearful.

The friend or "healer" sees clearly the success, health, or prosperity, and never wavers, because he is not close to the situation.

It is much easier to "demonstrate" for someone else than for one's self, so a person should not hesitate to ask for help, if he feels himself wavering.

A keen observer of life once said, "No man can fail, if some one person sees him successful." Such is the power of the vision, and many a great man owed his success to a wife, or sister, or a friend who "believed in him" and held without wavering to the perfect pattern!

Guided Journal Section 7

What did Florence share in this chapter that made you feel empowered?

What passage spoke to you and triggered an "Aha" moment?

What did you learn about yourself from this chapter?

What can you take from this chapter that will support you to improve your life?

What would you like to know more about - dive deeper into?

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God makes a way
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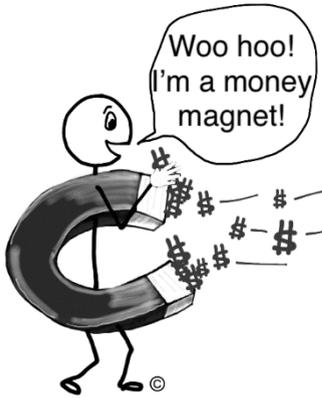
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I accept and use my power to

I consciously choose to BE Love Energy today.

In deepest gratitude I infuse/bless all aspects of my day and life with LOVE energy. I am a magnet for LOVE energy experiences

I commit to breathing deeply today.

Sign _____ Date _____

Before Sleeping:

Three things I'm grateful for today:

Today I did or did not use my power in this way:

I took control of my power by:

I commit to breathing deeply tomorrow.

Sign _____ Date _____

My Square of Life fulfilled

Upon Waking: Date _____

I accept "what my life is in this moment."



Health



Wealth*

I accept and use my power to



Perfect
Self-Expression



Love ©

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Sign _____ Date _____

Weekly Progress Gameboard



Week _____

This was my biggest "Aha!" moment this week:



This is how I used my power this week:



Sign & Date _____

Commitment to Myself Gameboard

I make these commitments to myself



Be Sure To ~~~~~

Sign & Date

Casting the Burden

When man knows his own powers and the workings of his mind, his great desire is to find an easy and quick way to impress the subconscious with good, for simply an intellectual knowledge of the Truth will not bring results.

In my own case, I found the easiest way is in "casting the burden."

A metaphysician once explained it in this manner. He said, "The only thing which gives anything weight in nature, is the law of gravitation, and if a boulder could be taken high above the planet, there would be no weight in that boulder; and that is what Jesus Christ meant when he said: "My yoke is easy and my burden is light."

He had overcome the world vibration, and functioned in the fourth dimensional realm, where there is only perfection, completion, life and joy.

He said: "Come to me all ye that labor and are heavy laden, and I will give you rest." "Take my yoke upon you, for my yoke is easy and my burden is light."

We are also told in the fifty-fifth Psalm, to "cast thy burden upon the Lord." Many passages in the Bible state that the *battle is God's* not man's and that man is always to "*stand still*" and *see the Salvation of the Lord*.

This indicates that the superconscious mind (or Christ within) is the department which fights man's battle and relieves him of burdens.

We see, therefore, that man violates law if he carries a burden, and a burden is an adverse thought or condition, and this thought, or condition has its root in the subconscious.

It seems almost impossible to make any headway directing the subconscious from the conscious or reasoning mind, as the reasoning mind (the intellect) is limited in its conceptions and filled with doubts and fears.

How scientific it then is, to cast the burden upon the superconscious mind (or Christ within) where it is "made light," or dissolved into its native nothingness."

For example: A woman in urgent need of money, "made light" upon the Christ within, the superconscious, with the statement, "I cast this burden of lack on the Christ (within) and I go free to have plenty!"

The belief in lack was her burden, and as she cast it upon the Superconscious with its belief of plenty, an avalanche of supply was the result.

We read, "The Christ in you the hope of glory."

Another example: One of my students had been given a new piano, and there was no room in her studio for it until she had moved out the old one. She was in a state of perplexity. She wanted to keep the old piano but knew of no place to send it. She became desperate, as the new piano was to be sent

immediately; in fact, was on its way, with no place to put it. She said it came to her to repeat, "I cast this burden on the Christ within, and I go free."

A few moments later, her 'phone rang, and a woman friend asked if she might rent her old piano, and it was moved out, a few minutes before the new one arrived.

I knew a woman, whose burden was resentment. She said, "I cast this burden of resentment on the Christ within, and I go free, to be loving, harmonious and happy." The Almighty superconscious flooded the subconscious with love, and her whole life was changed. For years, resentment had held her in a state of torment and imprisoned her soul (the subconscious mind).

The statement should be made over and over and over, sometimes for hours at a time, silently or audibly, with quietness but determination.

I have often compared it to winding-up a victrola. We must wind ourselves up with spoken words.

I have noticed, in "casting the burden," after a little while, one seems to see clearly. It is impossible to have clear vision, while in the throes of carnal mind. Doubts and fear poison the mind and body and imagination runs riot, attracting disaster and disease.

In steadily repeating the affirmation, "I cast this burden on the Christ within, and go free," the vision clears, and with it a feeling of relief, and sooner or later comes *the manifestation of good, be it health, happiness or supply.*

One of my students once asked me to explain the "darkness before the dawn." I referred in a preceding chapter to the fact that often, before the big demonstration "everything seems to go wrong," and deep depression clouds the consciousness. It means that out of the subconscious are rising the doubts and fears of the ages. These old derelicts of the subconscious rise to the surface, *to be put out.*

It is then that man should clap his cymbals, like Jehoshaphat, and give thanks that he is saved, even though he seems surrounded by the enemy (the situation of lack or disease). The student continued, "How long must one remain in the dark" and I replied, "until one *can see in the dark*, and *casting the burden enables one to see in the dark.*"

In order to impress the subconscious, active faith is always essential.

"Faith without works is dead." In these chapters I have endeavored to bring out this point.

Jesus Christ showed active faith when "He commanded the multitude to sit down on the ground," before he gave thanks for the loaves and fishes.

I will give another example showing how necessary this step is. In fact, active faith is the bridge, over which man passes to his Promised Land.

Through misunderstanding, a woman had been separated from her husband, whom she loved deeply. He refused all offers of reconciliation and would not communicate with her in any way.

Coming into the knowledge of Spiritual law, she denied the appearance of separation. She made this statement:

"There is no separation in Divine Mind, therefore, I cannot be separated from the love and companionship which are mine by divine right."

She showed active faith by arranging a place for him at the table every day; thereby impressing the subconscious with a picture of his return. Over a year passed, but she never wavered, and one day he walked in.

The subconscious is often impressed through music. Music has a fourth dimensional quality and releases the soul from imprisonment. It makes wonderful things seem *possible, and easy of accomplishment!*

I have a friend who uses her victrola, daily, for this purpose. It puts her in perfect harmony and releases the imagination.

Another woman often dances while making her affirmations. The rhythm and harmony of music and motion carry her words forth with tremendous power.

The student must remember also not to despise the "day of small things."

Invariably, before a demonstration, come "signs of land."

Before Columbus reached America, he saw birds and twigs which showed him land was near. So it is with a demonstration; but often the student mistakes it for the demonstration itself and is disappointed.

For example: A woman had "spoken the word" for a set of dishes. Not long afterwards a friend gave her a dish which was old and cracked.

She came to me and said, "Well, I asked for a set of dishes, and all I got was a cracked plate."

I replied, "The plate was only signs of land. It shows your dishes are coming - look upon it as a birds and seaweed," and not long afterwards the dishes came.

Continually "making-believe," impresses the subconscious. If one makes believe he is rich, and makes believe he is successful, in "due time he will reap."

Children are always "making believe," and "except ye be converted, and become as little children, ye shall not enter the Kingdom of Heaven."

For example: I know of a woman who was very poor, but no one could make her feel poor. She earned a small amount of money from rich friends, who constantly reminded her of her poverty, and to be careful and saving.

Regardless of their admonitions, she would spend all her earnings on a hat, or make someone a gift, and be in a rapturous state of mind. Her thoughts were always centered on beautiful clothes and "rings and things," but without envying others.

She lived in the world of the wondrous, and only riches seemed real to her. Before long she married a rich man, and the rings and things became visible. I do not know whether the man was the "Divine Selection," but opulence had to manifest in her life, as she had imaged only opulence.

There is no peace or happiness for man, until he has erased all fear from the subconscious.

Fear is misdirected energy and must be redirected or transmuted into Faith.

Jesus Christ said, "Why are ye fearful, O ye of little faith?" "All things are possible to him that believeth."

I am asked, so often by my students, "How can I get rid of fear?"

I reply, "By walking up to the thing you are afraid of."

"The lion takes its fierceness from your fear."

Walk up to the lion, and he will disappear; run away and he runs after you.

I have shown in previous chapters, how the lion of lack disappeared when the individual spent money fearlessly, showing faith that God was his supply and therefore, unfailing.

Many of my students have come out of the bondage of poverty, and are now bountifully supplied, through losing all fear of letting money go out. The subconscious is impressed with the truth that *God is the Giver and Gift*; therefore, as one is one with the Giver, he is one with the Gift. A splendid statement is, "I now thank God the Giver for God the Gift."

Man has so long separated himself from his good and his supply, through thoughts of separation and lack, that sometimes, it takes dynamite to dislodge these false ideas from the subconscious, and the dynamite is a big situation.

We see in the foregoing illustration, how the individual was freed from his bondage by *showing fearlessness*.

Man should watch himself hourly to detect if his motive for action is fear or faith.

"Choose ye this day whom we shall serve," fear or faith.

Perhaps one's fear is of personality. Then do not avoid the people feared; be willing to meet them cheerfully, and they will either prove "golden links in the chain of one's good," or disappear harmoniously from one's pathway.

Perhaps one's fear is of disease or germs. Then one should be fearless and undisturbed in a germ-laden situation, and he would be immune.

One can only contract germs while vibrating at the same rate as the germ, and fear drags men down to the level of the germ. Of course, the disease laden germ is the product of carnal mind, as all thought must objectify.

Germs do not exist in the superconscious or Divine Mind, therefore, are the product of man's "vain imagination."

"In the twinkling of an eye," man's release will come when he realizes *there is no power in evil*.

The material world will fade away, and the fourth dimensional world, the "World of the Wondrous," will swing into manifestation.

"And I saw a new heaven, and a new earth - and there shall be no more death, neither sorrow nor crying, neither shall there be any more pain; for the former things are passed away."

Guided Journal Section 8

What did Florence share in this chapter that made you feel empowered?

What passage spoke to you and triggered an "Aha" moment?

What did you learn about yourself from this chapter?

What can you take from this chapter that will support you to improve your life?

What would you like to know more about - dive deeper into?

NOTES

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I. AM.
Powerful.



Upon Waking: Date _____
I accept "what my life is in this moment."

I accept and use my power to

I consciously choose to BE Love Energy today.

In deepest gratitude I infuse/bless all aspects of my day and life with LOVE energy. I am a magnet for LOVE energy experiences

I commit to breathing deeply today.

Sign _____ Date _____

Before Sleeping:

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Today I did or did not use my power in this way:

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MONEY Loves ME! I accept and use my power to

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Before Sleeping:

Three things I'm grateful for today:

Today I did or did not use my power in this way:

I took control of my power by:

I commit to breathing deeply tomorrow.

Sign _____ Date _____



I infuse
My
LIFE
with love.

Upon Waking: Date _____
I accept "what my life is in this moment."

I accept and use my power to

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Upon Waking: Date _____
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I accept and use my power to

I'm a Miracle Magnet!®

I consciously choose to BE Love Energy today.

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Weekly Progress Gameboard



Week _____

This was my biggest "Aha!" moment this week:



This is how I used my power this week:



Sign & Date _____

Commitment to Myself Gameboard

I make these commitments to myself



Be Sure To ~~~~~

Sign & Date

Perfect Self-Expression or the Devine Design

There is for each man, perfect self-expression. There is a place which he is to fill and no one else can fill, something which he is to do, which no one else can do; it is his destiny!

This achievement is held, a perfect idea in Divine Mind, awaiting man's recognition. As the imaging faculty is the creative faculty, it is necessary for man to see the idea, before it can manifest.

So, man's highest demand is for the *Divine Design of his life*.

He may not have the faintest conception of what it is, for there is, possibly, some marvelous talent, hidden deep within him.

His demand should be: "*Infinite Spirit, open the way for the Divine Design of my life to manifest; let the genius within me now be released; let me see clearly the perfect plan.*"

The perfect plan includes health, wealth, love and perfect self-expression. This is the *square of life*, which brings perfect happiness. When one has made this demand, he may find great changes taking place in his life, for nearly every man has wandered far from the Divine Design.

I know, in one woman's case, it was as though a cyclone had struck her affairs, but readjustments came quickly, and new and wonderful conditions took the place of old ones.

Perfect self-expression will never be labor; but of such absorbing interest that it will seem almost like play. The student knows, also, as man comes into the world financed by God, the *supply* needed for his perfect self-expression will be at hand.

Many a genius has struggled for years with the problem of supply, when his spoken word, and faith, would have released quickly, the necessary funds.

For example: After the class, one day, a man came to me and handed me a cent.

He said: "I have just seven cents in the world, and I'm going to give you one; for I have faith in the power of your spoken word. I want you to speak the word for my perfect self-expression and prosperity."

I "spoke the word," and did not see him again until a year later. He came in one day, successful and happy, with a roll of yellow bills in his pocket. He said, "Immediately after you spoke the word, I had a position offered me in a distant city, and am now demonstrating health, happiness and supply."

A woman's perfect self-expression may be in becoming a perfect wife, a perfect mother, a perfect home-maker and not necessarily in having a public career.

Demand definite leads, and the way will be made easy and successful.

One should not visualize or force a mental picture. When he demands the Divine Design to come into his conscious mind, he will receive flashes of inspiration, and begin to see himself making some great accomplishment. This is the picture, or idea, he must hold without wavering.

The thing man seeks is seeking him - *the telephone was seeking Bell!*

Parents should never force careers and professions upon their children. With a knowledge of spiritual Truth, the Divine Plan could be spoken for, early in childhood, or prenatally.

A prenatal treatment should be: "Let the God in this child have perfect expression; let the Divine Design of his mind, body and affairs be made manifest throughout his life, throughout eternity."

God's will be done, not man's; God's pattern, not man's pattern, is the command we find running through all the scriptures, and the Bible is a book dealing with the science of the mind. It is a book telling man how to release his soul (or subconscious mind) from bondage.

The battles described are pictures of man waging war against mortal thoughts. "A man's foes shall be they of his own household." Every man is Jehoshaphat, and every man is David, who slays Goliath (mortal thinking) with the little white stone (faith).

So man must be careful that his is not the "wicked and slothful servant" who buried his talent. There is a terrible penalty to be paid for not using one's ability.

Often fear stands between man and his perfect self-expression. Stage-fright has hampered many a genius. This may be overcome by the spoken word or treatment. The individual then loses all self-consciousness, and feels simply that he is a channel for Infinite Intelligence to express Itself through.

He is under direct inspiration, fearless, and confident; for he feels that it is the "Father within" him who does the work.

A young boy came often to my class with his mother. He asked me to "speak the word" for his coming examinations at school.

I told him to make the statement: "I am one with Infinite Intelligence. I know everything I should know on this subject." He had an excellent knowledge of history but was not sure of his arithmetic. I saw him afterwards, and he said: "I spoke the word for my arithmetic and passed with the highest honors; but thought I could depend on myself for history and got a very poor mark." Man often receives a set-back when he is "too sure of himself," which means he is trusting to his personality and not the "Father within."

Another one of my students gave me an example of this. She took an extended trip abroad one summer, visiting many countries, where she was ignorant of the languages. She was calling for guidance and protection every minute, and her affairs went smoothly and miraculously. Her luggage was never delayed nor lost! Accommodations were always ready for her at the best hotels; and she had perfect service wherever she went. She returned to New York. Knowing the language, she felt God was no longer necessary, so looked after her affairs in an ordinary manner.

Everything went wrong, her trunks delayed, amid inharmony and confusion. The student must form the habit of "practicing the Presence of God" every minute. *"In all thy ways acknowledge him;"* nothing is too small or too great.

Sometimes an insignificant incident may be the turning point in a man's life.

Robert Fulton, watching some boiling water, simmering in a tea kettle, saw a steamboat!

I have seen a student, often, keep back his demonstration, through resistance, or pointing the way.

He pins his faith to one channel only and dictates just the way he desires the manifestation to come, which brings things to a standstill.

"*My way, not your way!*" is the command of Infinite Intelligence. Like all Power, be it steam or electricity, it must have a non-resistant engine or instrument to work through, and man is that engine or instrument. Over and over again, man is told to "stand still". "Oh Judah, fear not; but to-morrow go out against them, for the lord will be with you. You shall not need to fight this battle; set yourselves, stand ye still, and see the salvation of the Lord with you."

We see this in the incidents of the two thousand dollars coming to the woman through the landlord when she became *non-resistant* and *undisturbed*, and the woman who won the man's love "after all suffering had ceased."

The student's goal is *Poise! Poise is Power*, for it gives God-Power a chance to rush through man, to "will and to do Its good pleasure."

Poised, he thinks clearly, and makes "right decisions quickly." "He never misses a trick."

Anger blurs the visions, poisons the blood, is the root of many diseases, and causes wrong decisions leading to failure.

It has been named one of the worst "sins," as its reaction is so harmful. The student learns that in metaphysics sin has a much broader meaning than in the old teaching. "Whatsoever is not of faith is sin."

He finds that fear and worry are deadly sins. They are inverted faith, and through distorted mental pictures, bring to pass the thing he fears. His work is to drive out these enemies (from the subconscious mind). "When Man is *fearless, he is finished!*" Maeterlinck says, that "Man is God afraid."

So as we read in the previous chapters; man can only vanquish fear by walking up to the thing he is afraid of. When Jehoshaphat and his army prepared to meet the enemy, singing "Praise the Lord, for his mercy endureth forever," they found their enemies had destroyed each other, and there was nothing to fight.

For example: A woman asked a friend to deliver a message to another friend. The woman feared to give the message, as the reasoning mind said, "Don't get mixed-up in this affair, don't give that message."

She was troubled in spirit, for she had given her promise. At last, she determined to "walk up to the lion," and call on the law of divine protection. She met the friend to whom she was to deliver the message. She opened her mouth to speak it, when her friend said, "So and So has left town," This made it unnecessary to give the message, as the situation depended upon the person being in town. As she was willing to do it, she was not obliged to; as she did not fear, the situation vanished.

The student often delays his demonstration through a belief in incompleteness. He should make this statement:

"In Divine Mind there is only completion, therefore, my demonstration is completed. My perfect work, my perfect home, my perfect health." Whatever he demands are perfect ideas registered in

Divine Mind, and must manifest, "under grace in a perfect way." He gives thanks he has already received on the invisible and makes active preparation for receiving on the visible.

One of my students was in need of a financial demonstration. She came to me and asked why it was not completed.

I replied: "Perhaps, you are in the habit of leaving things unfinished, and the subconscious has gotten into the habit of not completing (as the without, so the within)."

She said, "you are right. I often *begin things* and never finish them."

"I'll go home and finish something I commenced weeks ago, and I know it will be symbolic of my demonstration."

She sewed assiduously, and the article was soon completed. Shortly after, the money came in a most curious manner.

Her husband was paid his salary twice that month. He told the people of their mistake, and they sent word to keep it.

When man asks, *believing, he must receive, for God creates His own channels!*

I have been sometimes asked, "Suppose one has several talents, how is he to know which one to choose?"

Demand to be shown definitely, Say: "Infinite Spirit, give me a definite lead, reveal to me my perfect self-expression, show me which talent I am to make use of now."

I have known people to suddenly enter a new line of work, and be fully equipped, with little or no training. So make the statement: "*I am fully equipped for the Divine Plan of my life,*" and be fearless in grasping opportunities.

Some people are cheerful givers, but bad receivers. They refuse gifts through pride, or some negative reason, thereby blocking their channels, and invariably find themselves eventually with little or nothing. For example: A woman who had given away a great deal of money, had a gift offered her of several thousand dollars. She refused to take it, saying she did not need it. Shortly after that, her finances were "tied up", and she found herself in debt for that amount. Man should receive gracefully the bread returning to him upon the water – freely ye have given, freely ye shall receive.

There is always the perfect balance of giving and receiving, and though man should give without thinking of returns, he violates law if he does not accept the returns which come to him; for all gifts are from God, man being merely the channel.

A thought of lack should never be held over the giver.

For example: When the man gave the one cent, I did not say; "Poor man, he cannot afford to give me that." I saw him rich and prosperous, with his supply pouring in. It was this thought which brought it. If one has been a bad receiver, he must become a good one, and take even a postage stamp if it is given him, and open up his channels for receiving.

The Lord loveth a cheerful receiver, as well as a cheerful giver.

I have often been asked why one man is born rich and healthy, and another poor and sick.

Where there is an effect there is always a cause; there is no such thing as chance.

This question is answered through the law of reincarnation. Man goes through many births and deaths, until he knows the truth which sets him free.

He is drawn back to the earth plane through unsatisfied desire, to pay his Karmic debts, or to "fulfill his destiny."

The man born rich and healthy has had pictures in his subconscious mind, in his past life, of health and riches; and the poor and sick man, of disease and poverty. Man manifests, on any plane, the sum total of his subconscious beliefs.

However, birth and death are man-made laws, for the "wages of sin is death"; the Adamic fall in consciousness through the belief in *two powers*. The real man, spiritual man, is birthless and deathless! He never was born and has never died - "As he was in the beginning, he is now, and ever shall be!"

So through the truth, man is set free from the law of Karma, sin and death, and manifests the man made in "His image and likeness." Man's freedom comes through fulfilling his destiny, bringing into manifestation the Divine Design of his life.

His lord will say unto him: "Well done thou good and faithful servant, thou has been faithful over a few things, I will make thee ruler over many things (death itself); enter thou into in the joy of thy Lord (eternal life)."

Guided Journal Section 9

What did Florence share in this chapter that made you feel empowered?

What passage spoke to you and triggered an "Aha" moment?

What did you learn about yourself from this chapter?

What can you take from this chapter that will support you to improve your life?

What would you like to know more about - dive deeper into?

NOTES

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God makes a way
when there is no way



Upon Waking: Date _____
I accept "what my life is in this moment."

I accept and use my power to

I consciously choose to BE Love Energy today.

In deepest gratitude I infuse/bless all aspects of my day and life with LOVE energy. I am a magnet for LOVE energy experiences

I commit to breathing deeply today.

Sign _____ Date _____

Before Sleeping:

Three things I'm grateful for today:

Today I did or did not use my power in this way:

I took control of my power by:

I commit to breathing deeply tomorrow.

Sign _____ Date _____



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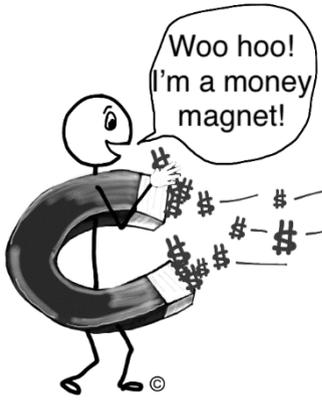
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My Square of Life fulfilled

Upon Waking: Date _____

I accept "what my life is in this moment."



Health



Wealth*

I accept and use my power to



Perfect
Self-Expression



Love ©

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I. AM.
Powerful.



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I accept "what my life is in this moment."

I accept and use my power to

I consciously choose to BE Love Energy today.

In deepest gratitude I infuse/bless all aspects of my day and life with LOVE energy. I am a magnet for LOVE energy experiences

I commit to breathing deeply today.

Sign _____ Date _____

Before Sleeping:

Three things I'm grateful for today:

Today I did or did not use my power in this way:

I took control of my power by:

I commit to breathing deeply tomorrow.

Sign _____ Date _____



Upon Waking: Date _____
I accept "what my life is in this moment."

MONEY Loves ME! I accept and use my power to

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Sign _____ Date _____

Weekly Progress Gameboard



Week _____

This was my biggest "Aha!" moment this week:



This is how I used my power this week:



Sign & Date _____

Commitment to Myself Gameboard

I make these commitments to myself



Be Sure To ~~~~~

Sign & Date

Denials and Affirmations

"Thou shalt decree a thing, and it shall be established unto thee."

All the good that is to be made manifest in man's life is already an accomplished fact in divine mind, and is released through man's recognition, or spoken word, so he must be careful to decree that only the Divine Idea be made manifest, for often, he decrees, through his "idle words," failure or misfortune.

It is, therefore, of the utmost importance, to word one's demands correctly, as stated in a previous chapter.

If one desires a home, friend, position or any other good thing, make the demand for the "divine selection."

For example: "Infinite Spirit, open the way for my right home, my right friend, my right position. I give thanks *it now manifests under grace in a perfect way.*"

The latter part of the statement is most important. For example: I knew a woman who demanded a thousand dollars. Her daughter was injured, and they received a thousand dollars indemnity, so it did not come in a "perfect way."

The demand should have been worded in this way: "Infinite Spirit, I give thanks that the one thousand dollars, which is mine by divine right, is now released, and reaches me under grace in a perfect way."

As one grows in financial consciousness, he should demand that the enormous sums of money, which are his by divine right, reach him under grace, in perfect ways.

It is impossible for man to release more than he thinks is possible, for one is bound by the limited expectancies of the subconscious. He must broaden his expectancies in order to receive in a larger way.

Man so often limits himself in his demands. For example: A student made the demand for six hundred dollars, by a certain date. He did receive it but heard afterwards that he came very near receiving a thousand dollars, but he was given just six hundred, as the result of his spoken word.

"They limited the Holy One of Israel." Wealth is a matter of consciousness. The French have a legend giving an example of this. A poor man was walking along a road when he met a traveler, who stopped him and said: "My good friend, I see you are poor. Take this gold nugget, sell it, and you will be rich all your days."

The man was overjoyed at his good fortune and took the nugget home. He immediately found work and became so prosperous that he did not sell the nugget. Years passed, and he became a very rich man. One day he met a poor man on the road. He stopped him and said: "My good friend, I will give you this gold nugget, which, if you sell, will make you rich for life." The mendicant took the

nugget, had it valued, and found it was only brass. So, we see, the first man became rich through feeling rich, thinking the nugget was gold.

Every man has within himself a gold nugget; *it is his consciousness of gold, of opulence, which brings riches into his life.* In making his demands, man begins at his *journey's end*, that is he declares *he has already received.* "Before ye call I shall answer."

Continually affirming establishes the belief in the subconscious.

It would not be necessary to make an affirmation more than once if one had perfect faith! One should not plead or supplicate, but give thanks repeatedly, that he has received.

"The desert shall rejoice and blossom as the rose." This rejoicing which is yet in the desert (state of consciousness) opens the way for release. The Lord's Prayer is in the form of command and demand, "Give us this day our daily bread, and forgive us our debts as we forgive our debtors," and ends in praise, "For thine is the Kingdom and the Power and the Glory, forever. Amen." "Concerning the works of my hands, command ye me." So, prayer is command and demand, praise and thanksgiving. The student's work is in making himself believe that "with God all things are possible."

This is easy enough to state in the abstract, but a little more difficult when confronted with a problem. For example: It was necessary for a woman to demonstrate a large sum of money within a stated time. She knew she must *do something* to get a realization (for realization is manifestation), and she demanded a "lead."

She was walking through a department store, when she saw a very beautiful pink enamel paper cutter. She felt the "pull" towards it. The thought came. "I haven't a paper cutter good enough to open letters containing large checks."

So she bought the paper cutter, which the reasoning mind would have called an extravagance. When she held it in her hand, she had a flash of a picture of herself opening an envelope containing a large check, and in a few weeks, she received the money. The pink paper cutter was her bridge of active faith.

Many stories are told of the power of the subconscious when directed in faith.

For example: A man was spending the night in a farmhouse. The windows of the room had been nailed down, and in the middle of the night he felt suffocated and made his way in the dark to the window. He could not open it, so he smashed the pane with his fist, drew in draughts of fine fresh air, and had a wonderful night's sleep.

The next morning, he found he had smashed the glass of a bookcase, and the window had remained closed during the whole night. He had *supplied himself with oxygen, simply by his thought of oxygen.*

When a student starts out to demonstrate, he should never turn back. "Let not that man who wavers think that he shall receive anything of the Lord."

A student once made this wonderful statement, "When I ask the Father for anything, I put my foot down, and I say: Father, I'll take nothing less than I've asked for, but more!" So man should

never compromise: "Having done all - Stand." This is sometimes the most difficult time of demonstrating. The temptation comes to give up, to turn back, to compromise.

"He also serves who only stands and waits."

Demonstrations often come at the eleventh hour because man then lets go, that is, stops reasoning, and Infinite Intelligence has a chance to work.

Man's dreary desires are answered drearily, and his impatient desires, long delayed or violently fulfilled.

For example: A woman asked me why it was she was constantly losing or breaking her glasses.

We found she often said to herself and others with vexation, "I wish I could get rid of my glasses." So, her impatient desire was violently fulfilled. What she should have demanded was perfect eyesight, but what she registered in the subconscious was simply the impatient desire to be rid of her glasses; so they were continually being broken or lost.

Two attitudes of mind cause loss: depreciation, as in the case of the woman who did not appreciate her husband, *or fear of loss*, which makes a picture of loss in the subconscious.

When a student is able to let go of his problem (cast his burden) he will have instantaneous manifestation.

For example: A woman was out during a very stormy day and her umbrella was blown inside-out. She was about to make a call on some people whom she had never met, and she did not wish to make her first appearance with a dilapidated umbrella. She could not throw it away, as it did not belong to her. So, in desperation, she exclaimed: "Oh God, you take charge of this umbrella, I don't know what to do."

A moment later, a voice behind her said: "Lady, do you want your umbrella mended? There stood an umbrella mender."

She replied, "Indeed, I do."

The man mended the umbrella, while she went into the house to pay her call, and when she returned, she had a good umbrella. So there is always an umbrella mender at hand, on man's pathway, when one puts the umbrella (or situation) in God's Hands.

One should always follow a denial with an affirmation.

For example: I was called on the 'phone late one night to treat a man whom I had never seen. He was apparently very ill. I made the statement: "I deny this appearance of disease. It is unreal, therefore cannot register in his consciousness; this man is a perfect idea in Divine Mind, pure substance expressing perfection."

There is no time or space in Divine Mind, therefore the word reaches instantly its destination and does not "return void." I have treated patients in Europe and have found that the result was instantaneous.

I am asked so often the difference between visualizing and visioning. Visualizing is a mental process governed by the reasoning or conscious mind; visioning is a spiritual process, governed by intuition, or the superconscious mind. The student should train his mind to receive these flashes of

inspiration, and work out the "divine pictures," through definite leads. When a man can say, "I desire only that which God desires for me," his new set of blueprints is given him by the Master Architect, the God within. God's plan for each man transcends the limitation of the reasoning mind, and is always the square of life, containing health, wealth, love and perfect self-expression. Many a man is building for himself in imagination a bungalow when he should be building a palace.

If a student tries to force a demonstration (through the reasoning mind) he brings it to a standstill. "I will hasten it," saith the Lord. He should act only through intuition, or definite leads. "Rest in the Lord and wait patiently. Trust also in him, and he will bring it to pass."

I have seen the law work in the most astonishing manner. For example: A student stated that it was necessary for her to have a hundred dollars for the following day. It was a debt of vital importance which had to be met. I "spoke the word," declaring Spirit was "never too late" and that the supply was at hand.

That evening she phoned me of the miracle. She said that the thought came to her to go to her safe-deposit box at the bank to examine some papers. She looked over the papers, and at the bottom of the box, was a new one-hundred-dollar bill. She was astounded, and said she knew she had never put it there, for she had gone through the papers many times. It may have been a materialization, as Jesus Christ materialized the loaves and fishes.

Man will reach the stage where his "word is made flesh," or materialized, instantly. "The fields, ripe with the harvest," will manifest immediately, as in all of the miracles of Jesus Christ.

There is a tremendous power alone in the name Jesus Christ. It stands for *Truth Made Manifest*. He said, "Whatsoever ye ask the Father, in my name, he will give it to you."

The power of this name raises the student into the fourth dimension, where he is freed from all astral and psychic influences, and he becomes "unconditioned and absolute, as God Himself is unconditioned and absolute."

I have seen many healings accomplished by using the words, "In the name of Jesus Christ."

Christ was both person and principle; and the Christ within each man is his Redeemer and Salvation.

The Christ within, is his own fourth dimensional self, the man made in God's image and likeness. This is the self which has never failed, never known or sorrow, was never born and has never died. It is the "resurrection and the life" of each man! "No man cometh to the Father save by the Son," means, that God, the Universal, working on the place of the particular, becomes the Christ in man; and the Holy Ghost, means God in-action. So daily, man is manifesting the Trinity of Father, Son and Holy Ghost.

Man should make an art of thinking. The Master Thinker is an artist and is careful to paint only the divine designs upon the canvas of his mind; and he paints these pictures with masterly strokes of power and decision, having perfect faith that there is no power to mar their perfection and that they shall manifest in his life the ideal made real.

All power is given man (through right thinking) to bring *his heaven* upon *his earth*, and this is the *goal of the "Game of Life."*

The simple rules are fearless faith, non-resistance and love!

May each reader be now freed from that thing which has held him in bondage through the ages, standing between him and his own, and "know the Truth which makes him free" - free to fulfill his destiny, to bring into manifestation the "*Divine Design of his life*, Health, Wealth, Love and Perfect Self-Expression." "Be ye transformed by the renewing of your mind."

Guided Journal Section 10

What did Florence share in this chapter that made you feel empowered?

What passage spoke to you and triggered an "Aha" moment?

What did you learn about yourself from this chapter?

What can you take from this chapter that will support you to improve your life?

What would you like to know more about - dive deeper into?

NOTES

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NOTES

NOTES



I infuse

**My
LIFE**

with love.

Upon Waking: Date _____
I accept "what my life is in this moment."

I accept and use my power to

I consciously choose to BE Love Energy today.

In deepest gratitude I infuse/bless all aspects of my day and life with LOVE energy. I am a magnet for LOVE energy experiences

I commit to breathing deeply today.

Sign _____ Date _____

Before Sleeping:

Three things I'm grateful for today:

Today I did or did not use my power in this way:

I took control of my power by:

I commit to breathing deeply tomorrow.

Sign _____ Date _____



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Upon Waking: Date _____
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I'm a Miracle Magnet!®

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God makes a way
when there is no way



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Before Sleeping:

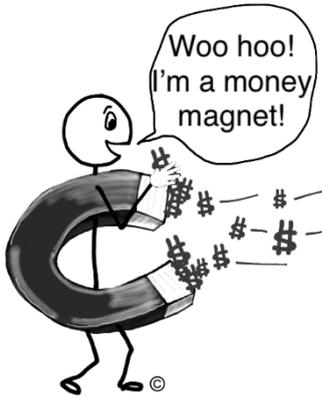
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Weekly Progress Gameboard



Week _____

This was my biggest "Aha!" moment this week:



This is how I used my power this week:



Sign & Date _____

Commitment to Myself Gameboard

I make these commitments to myself



Be Sure To ~~~~~

Sign & Date

Dive Deeper with Kate

Dear fellow student of Florence,

If you've made it this far, you're a true student of Florence. You know what your empowerment feels like, and you want more of it - *and ... you want to sustain it.*

Many of you will be able to take what you've experienced here and run with it - achieving and sustaining the LOVE vibration syncing with the Divinity within you. Congratulations!

But if you want to dive deeper into your own power and learn how to manage it more effectively, I offer an excessive number of ways to do that. I offer so many different classes, programs, workshops, masterminds, private sessions, memberships, books and meditations because I'm a firm believer that One Size does not fit all when it comes to learning what your power is and how to use it.

Different ways of presenting the same material speaks to each of us differently. As you noticed in *The Game of Life*, Florence approaches the same teaching in several different ways - speaking to you more deeply through the different techniques.

If you resonate with my energy and want to take your empowerment to a greater level of mastery, I would LOVE to welcome you to work with me further.

Go to my website, katelarge.com and look around. Be sure to check out the Events Calendar to learn what's available in the coming weeks. As of the printing of this book, the following experiences are possible for you to participate in:

Memberships – ongoing

- * Manifest with Florence ... the inner circle - we meet through zoom on Wednesdays for book club, treatment, and tutor coaching calls.
- * Monthly Manifesting Meditation - we meet through zoom on the new moon for a new meditation each month to build your manifesting momentum.

Private Sessions

- * 1-on-1 energy and/or coaching sessions
- * Angel Readings by zoom or email

LIVE Events

- Game of Life Masterclass
- The Secret Door to Success Masterclass
- Power of the Word Masterclass
- Deep Dive into Your Empowerment program
- The Game of Life Mastery Program - based on *The Game of Life Workbook*

- Win Your Game of Life and Manifest what You Want Workshop
- Say Good-bye to Survival Mode Workshop
- Empowerment Journaling Workshop

Self-Study

- The Game of Life for the 21st Century
- The Game of Life Mastery Program 5.0 (recording of LIVE program)
- The Game of Life Masterclass - recording of the last masterclass
- The Secret Door to Success Masterclass - recording of the last masterclass
- The Power of the Word Masterclass - recording of the last masterclass

Books/Workbooks

The Game of Life Workbook – Amazon Best-Seller

The Game of Life Mastery Playbook – Amazon Best-Seller

The Empowerment Journal

Waiting in the Other Room – Amazon Best-Seller

I also have a wide variety of best loved meditations and masterclasses in digital download format. My LIVE events/programs are virtual through zoom and include recordings. I rarely present LIVE in-person events due to being able to support so many more people through zoom/phone.

Be sure to get the Bonus gifts for this book at www.katelarge.com/fssbook. When you submit your email for the gifts, you'll be added to my newsletter list and will receive notice when I'm presenting the next workshop or class. You may unsubscribe any time by using the link at the bottom of one of the emails.

I would love to support you to continue your empowerment momentum! When you have a moment, email me and share your success at managing your power, I'd love to hear from you.

I wish you magnificent success, love and joy as you experience the journey that is your life.

Love, Kate

What others are saying about working with Kate:

Cindy ~ If you love Florence Scovel Shinn's books as much as I do, you'll love taking Kate's classes. She shows you how to put Florence's teachings into practice in today's world. Kate gives you a guided tour of how to improve your life.

BC ~ Kate always answers questions in great detail to ensure you fully understand. She makes you feel truly supported and loved!

Survival Mode Workshop

Gayle ~ I really enjoyed this workshop. It was full of good information, including how we get stuck in survival mode, action steps to get and stay out of survival mode, and several shorter meditations we can fit into small increments of time. I took 3 pages of notes, myself.

Orsola ~ Thank you so much for The Survival Mode Workshop, it was so great and inspiring. You shared so many wonderful inputs from the meditation and the breathing techniques to the Empowered Journaling. Thanks again.

Michelle ~ I was on your Saturday call for the Survival Mode Workshop. Wow! I had an incredible experience and am looking forward to the private session with you. I already have more expansive energy than I've had in years (no more shrink-wrap or chords) and am already manifesting good things in my life. Thank you so much!

Florence's Membership

Barbara ~ I've been participating in Kate's programs based on Florence's teachings for years and always get exciting "aha" moments. So, when this membership became available, I was excited to join. I love how Kate supports us to work with our angelic team and expands our awareness to work with our three levels of consciousness. The challenges of today's world are more manageable with the deep dive tools and insight into the "why, how and what to do" that she shares with us. I've learned to follow "energy breadcrumbs" and am becoming a master at dissolving what no longer serves me. Kate's programs with Florence support me to reconnect with the wisdom and "knowing" within me - loving support that opens the way to fulfill my happiest square of life!

Shirley ~ Since I joined the membership, I've done things I've never done before - I've felt more confident than ever - stronger and happier within my own body! From the first LIVE call with Kate and the other members, I felt welcomed and at home, like I truly belong. I feel safe to ask for support, knowing I'll get it. I love Ima Miracle Magnet showing us how energy works. It makes it easier to remember what to do when life hiccups. When I can't attend the LIVE calls, I feel the love coming through the recordings. This is my happy, safe place to recharge my inner battery to make managing life's chaos so much easier. If I could change anything, it would be time, so I could participate LIVE more! I'm so happy to be a founding member of the membership!

Sonia ~ When the student is ready, the teacher will appear. So many synchronistic events led me to the membership and I'm so grateful! I have questions and Kate provides a safe space for me to ask them - no matter what they are! Life has challenged me, and the loving support of the membership materials, fellow members and Kate have supported me to release worries and embrace my own power. Through the membership I learned how to heal energy that's blocked and hurt me for

years. Now I'm free of it and moving forward with my life with strength and stamina that's always been there, but now I'm really feeling it!

GS ~ I love Florence's books and how Kate brings them into the world we live in today. I look forward to the weekly LIVE calls, the camaraderie and engagement. Each one dives deep into how energy works, and Kate goes into detail on the action steps to manage it, many times referencing a program or meditation on the website to support us. The Treatment calls are really powerful and open the way for healing and for manifesting! I feel more grounded and really enjoy using the Game of Life Manifesting Playbook - it supports me to feel even more connected to my higher self and angelic team.

Kim ~ I'm excited to be a part of Kate's membership. The website is well organized and provides a huge variety of support tools that I have access to 24/7. Whatever I need is Right There! And I love the fact that I can get support and questions answered through the private Facebook community and LIVE calls. We regularly discuss support that is on point to life in today's world. Kate's support community is a welcoming place for me to fit in and get the loving support I need no matter what is going on in my life!

The Game of Life Mastery Program

Dominikija ~ Kate took me from where I was on my spiritual journey to a new level. She put my spiritual growth on steroids, through her kind and caring explanations to her guided meditations, to move me closer to my spiritual and life goals. Kate is not afraid to share her personal experiences, of her own spiritual journey, which creates a comfort in approaching her and asking the questions you might think are trivial; but find are not. You will find Kate is unselfish in pouring out her resources to support your spiritual journey and growth.

Barbie ~ During a class module I was having trouble with my computer and couldn't get on the call. When I read the transcript, I was thrilled to discover that the loving energy I receive on the calls was also very strong when I read the transcript!

Catherine ~ Kate has taken the timeless teachings of Florence Scovel Shinn and added tools to support your study. I can feel the healing energy of love in Kate's voice and her guided meditations are amazing.

Mary Jo ~ When I read Florence's book, it blew me away, I couldn't put it down. I knew the concepts from my other work, but she had a way of expressing them simply, but powerfully. When Kate offered The Game of Life Mastery Program, I knew I had to take it. I didn't know what to expect, but I got way, way more than I ever dreamed. God bless you.

Patti ~ Twenty years of intense personal development and growth made significant positive changes in my life and yet, the Game of Life Mastery Program with Kate Large supported me to reach a whole new level.

Sharon ~ "When the student is ready, the teacher will appear." I believe this expression epitomized my involvement with Kate. The Game of Life Mastery Program is rich with materials and concepts

to support your spiritual growth and enlightenment. Kate, supports you to believe in your ability to attract the abundance that is your birthright through the radiance of her light and love. I'm now much more successful in attracting my vision of "heaven on earth."

Heather ~ Kate is truly interested in participants succeeding. For me, being able to listen to the recordings of the calls again later allowed me to be fully in the moment during the LIVE calls. Throughout the weeks of the program, I peeled off layers of my personal onion and 'got' the concepts on a deeper level.

Amy ~ Kate and The Game of Life Mastery program have truly changed my life. Kate is an inspirational, motivational leader and effective teacher. I love the fact that she incorporates talking to your angels with a focus on God as the creator of all that is with the law of attraction principles. Many spiritual books say raise your energy to a higher vibration, but do not tell you how to do that. I've read about and tried everything she teaches about rewriting neural pathways, talking to your angels and raising your energy to a higher level. But until I joined her program, I could not do it. Kate gives you an abundance of tools and guided action-steps to accomplish this - and they work. I made more progress with Kate and the Game of Life Mastery Program than in the previous 20+ years of effort combined!

Pam ~ Kate, thank you for presenting the Game of Life Mastery Program. I'm so grateful for your love, support, and belief in me - and for holding the energy for me to be who I came here to be, to create what I want to create and have everything I want. I'm so appreciative and thankful!

Dawn ~ The Game of Life Mastery Program helped me to shift out of old patterns, beliefs, attitudes, and habits that blocked me from living a full life. I was able to fully heal and release that old emotional energy through the gentle and loving acceptance of Kate, the other participants, and the guided action steps she taught us. I feel much lighter - I'm peaceful and calm. I return again and again to her lessons and tools as life events arise and I find solutions! Each time I discover further insights that I didn't see the first time. The program truly is masterful at teaching me to 'retrain my brain' out of a fear & scarcity mindset to that of trust & abundance - its life changing from the inside out!