

*How much LOVE
can I broadcast
out today?*

*Deep
Breath &
Ground*

*Energy
Check-In*

*Universe, show me
how fabulously good
life can be!*

*Hum Sing
Laugh*

I am safe!

*I give my worries
to my
Worry Angel*

*Angels...
surround me with your diamond steel force
field shield of protection filled with strength,
stamina and healing love energy that
deflects negativity & all viruses
and bacteria.*

